



COMPETITION: 2019 NCAA Challenge (Week 2)
EVENT: Floor Exercise

Skills	Value (*)	Element Group	Connection Bonus	Execution Deduction	Comments
RO back handspring	A	3			
Double back salto 2/1 tw.	E	3		0.1, 0.3	form, large hop
Double back layout	D	3		0.1	form
Back salto str. 5/2 tw.	D	3		0.1	feet crossed
Front salto tucked	A	2		0.1, 0.1, 0.1	feet apart, low, hop
Press to handstand	B	1			
Split	A	1		0.1	bent ankle moving to split
Japanese press	C	1		0.1, 0.1, 0.3	high position, slight body movement, short hold
Back salto str. 2/1 tw.	C	3		0.1, 0.1, 0.1	legs apart, low landing, hopping both feet together
Front handspring	A	2			
Front salto str. 1/1 tw.	C	2		0.1	form
Front salto str. 1/2 tw.	B	2		0.1	bent ankle
Back salto str.	B	3		0.1	low landing

G =			
F =			
E = 1	Difficulty =	2.9	E1 = 2.1
D = 2	Element Groups =	1.8	Dismount stuck = Yes
C = 3	Stick Bonus =	0.0	
B = 3	Presentation =	10.0	D Panel + E Panel = 12.60
A = 1	Start Value =	14.7	

D – Panel Comments:

No stick bonus. New NCAA rules state that a stick bonus is awarded for C & higher dismounts. B dismount is awarded partial element group credit in NCAA.

E – Panel Comments:

* X = repeated skill or non-recognized skill.

The top 10 counting skills are noted in **Bold & larger font**



COMPETITION: 2019 NCAA Challenge (Week 2)
EVENT: Pommel Horse

Skills	Value (*)	Element Group	Connection Bonus	Execution Deduction	Comments
Scissor 1/1 turn with travel	C	1		0.1	amplitude
Circle in side support	A	2			
Stockli B	B	2			
LLS	D	2		0.1	slight pike
Magyar (1,2,5)	D	3		0.1, 0.3	skewing
Sivado (5,4,3,2,1)	D	3		0.3, 0.1, 0.1, 0.3	skewing, knee bends, extension
Circle in cross support	A	2		0.3	skewing
Tong Fei	D	3		0.1, 0.1	knee bend, extension
Reverse Roth	D	3		0.3, 0.1	legs apart, extension
Stockli HS 3/3 travel	D	4		0.1, 0.1	knee bend, extension

G =			
F =			
E =	Difficulty =	3.1	E1 = 2.5
D = 6	Element Groups =	2.0	Dismount stuck = Yes
C = 1	Connection Bonus =	0.0	
B = 1	Presentation =	10.0	D Panel + E Panel = 12.60
A = 2	Start Value =	15.1	

D – Panel Comments:

E – Panel Comments:

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COMPETITION: 2019 NCAA Challenge (Week 2)
EVENT: Still Rings

Skills	Value (*)	Element Group	Connection Bonus	Execution Deduction	Comments
Back uprise to cross	C	3		0.3, 0.1, 0.1	high entry, high hold, false grip
Yamawaki	C	1		0.1	rhythm
Jonasson	D	1		0.1	rhythm
Back uprise to str. L-sit	B	1		0.1, 0.3	form, short hold
Fall to bwd. swing (#7)	A	1			
Back uprise to support	A	1			
L-sit	A	2		0.1, 0.3	movement, short hold
Press to HS	B	2		0.3, 0.1, 0.1, 0.1	arms on the straps, bent arms, body movement, rings swinging
Back uprise to HS	C	1		0.1	swinging rings
Giant to HS	C	1		0.1, 0.1	swinging rings, body movement
Double bwd. salto 3/2 tw.	D	4		0.3, 0.3	short rotation, large hop

G =			
F =			
E =	Difficulty =	2.5	E1 = 3.0
D = 2	Element Groups =	2.0	Dismount stuck = No
C = 4	NCAA Stick =	0.0	
B = 2	Presentation =	10.0	D Panel + E Panel = 11.50
A = 1	Start Value =	14.5	

D – Panel Comments: Too many EG 1 skills.

E – Panel Comments:

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COMPETITION: 2019 NCAA Challenge (Week 2)
EVENT: Vault

Skills	Value (*)	Element Group	Connection Bonus	Execution Deduction	Comments
Tsukahara stretched	4.8			<u>Pre-flight</u>	
with 2/1 twist (#274)				<u>Post-flight</u> 0.1 slight pike 0.3 lack of height 0.1 bent ankle 0.3 lack of preparation 0.1 legs apart 0.1 hop	

G =			
F =			
E =	Difficulty =	4.8	E1 = 1.0
D =	Element Groups =	0.0	Dismount stuck = No
C =	Connection Bonus =	0.0	
B =	Presentation =	10.0	D Panel + E Panel = 13.80
A =	Start Value =	14.8	

D – Panel Comments:

E – Panel Comments:

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COMPETITION: 2019 NCAA Challenge (Week 2)
EVENT: Parallel Bars

Skills	Value (*)	Element Group	Connection Bonus	Execution Deduction	Comments
Cast to upper arm	A	3			
Honma	D	2		0.1 bent arms	
Swing to HS	A	1		0.3 short hold	
Moy	C	3			
Swing to HS, ½ turn	XA				
Tippelt	D	3		0.1 hand adjustment	
Front uprise	A				
Straddle salto 5/4	D	1		0.1 knee bend 0.3 uncontrolled regrasp	
Front uprise, swing HS	XX			0.1 hands slide	
Stutz to one bar	D	1		0.1 deviation from HS	
Kip Straddle press to HS	B	3		0.1 rhythm	
Stutz	X			1.0 Fall	
L	A			0.1 high position	
Press to HS	B	1		0.3 short hold 0.1 hand adjustment	
Front uprise	X				
Double salto fwd tucked	E	4		0.1 legs apart 0.3 step	

G =			
F =			
E = 1	Difficulty =	3.0	E1 = 3.1
D = 4	Element Groups =	2.0	Dismount stuck = No
C = 1	Connection Bonus =	0.0	
B = 2	Presentation =	10.0	D Panel + E Panel = 11.90
A = 2	Start Value =	15.0	

D – Panel Comments:

E – Panel Comments:

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COMPETITION: 2019 NCAA Challenge (Week 2)
EVENT: Horizontal Bar

Skills	Value (*)	Element Group	Connection Bonus	Execution Deduction	Comments
Back uprise	A	1			
Grip change, Pirouette	A	1			
Giant Backward	A	1			
Tkatchev Stretched	D	2		0.1 bent knees (tap) 0.1 piked 0.1 bent arms regrasp 0.3 bent arms (giant)	
fcTkatchev ½ turn	D	2		0.1 bent legs (tap) 0.3 late turn 0.3 bent arms/strength	
Giant Forward	A	1		0.1 hand adjustment	
Adler to HS	C	3		0.3 angle	
Elgrip Giant	B	1			
Elgrip Endo	C	3		0.3 early entry 0.1 angle	
Endo	B	3			
Pirouette	x				
Stalder	B	3			
Double Back Stretched 1/1 twist	D	4	+0.1 NCAA Stick Bonus	0.1 bent legs (tap) 0.1 pike	

G =			
F =			
E =	Difficulty =	2.6	E1 = 2.3
D = 3	Element Groups =	2.0	Dismount stuck = Yes
C = 2	NCAA Stick Bonus =	0.1	
B = 3	Presentation =	10.0	D Panel + E Panel = 12.40
A = 2	Start Value =	14.7	

D – Panel Comments:

E – Panel Comments:

* X = repeated skill or non-recognized skill.

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