



**Fédération Internationale
de Gymnastique**

**THE INTERNATIONAL GYMNASTICS FEDERATION - 1970
INTERNATIONAL JUDGES COURSE --UNITED STATES**

Mr. Arthur Gander, President, Chiasso, Switzerland
F.I.G. Approved Judges Course - 1970

NORTH CENTRAL COLLEGE-NAPERVILLE, ILL.

August 16, 17, 18 and 19, 1970

PASADENA CITY COLLEGE, CALIFORNIA

August 8, 9, 10, 11 and 12, 1970

Directors --- 1970 Judges Course

Mr. Ivan Ivancevic	Vice-President, Technical Committee International Gymnastics Federation
Mr. George J. Gulack	Vice-President, Executive Committee International Gymnastics Federation
Mr. Frank Cumiskey	Technical Director, National Gymnastics Judges Association. Eastern Division
Mr. Ted Muzyczko	Member, National Gymnastics Judges Association, Mid-American Division.
Mr. Jerry Todd	Member, Technical Committee, National Gymnastics Judges Assoc. Coach. PCC.

United States Gymnastics Federation

Executive Offices: P. O. Box 4699, Tucson, Arizona 85717



F.I.G. Judges Course — August '70

THE UNITED STATES GYMNASTICS FEDERATION, IN CONJUNCTION WITH THE NATIONAL GYMNASTICS JUDGES ASSOCIATION, PRESENTS THE SECOND INTERNATIONAL (F.I.G.) COURSE FOR JUDGES IN THE UNITED STATES.

PROGRAM

Sunday, August 16, 1970

Saturday, August 8, 1970

8:30 a.m.	Registration	
10:00 a.m.-11:00 a.m.	Organization, Information, Aims and Purposes, and Application of Code of Points.	Mr. Ivancevic
11:00 a.m.- 12:00 a.m.	The Difficulty, Definition of A, B and C Parts	Mr. Ivancevic
12:00 Noon.	Lunch	

Saturday: August 8 (continued)

	Subject	California	Illinois
1:30 - 2:30 p.m.	Combination Factor of Optional Exercises	M. Gulack	M. Gulack
2:30 - 3:30 p.m.	Execution-Form-Techniques	M. Cumiskey	M. Cumiskey
3:30 - 4:00 p.m.	Interurptions in upward movements.	M. Todd	M. Muzyczko
4:00 - 4:15 p.m.	Recess.		
4:15 - 5:00 p.m.	Intermediate swing-parts w/o value	M. Cumiskey	M. Cumiskey
5:00 - 7:00 p.m.	Dinner.		
7:00 - 7:30 p.m.	Manner of Exec.Swing parts, strength parts.	M. Gulack	M. Gulack
7:30 - 8:15 p.m.	Risk, Originality, Virtuosity.	M. Ivancevic	M. Ivancevic
8:15 - 8:45 p.m.	Exercises w/o dismounts, or not commensurate with difficulty of exercise.	M. Cumiskey	M. Cumiskey
8:45 - 9:15 p.m.	Discipline-Appearance-Spotting.	M. Todd	M. Muzyczko
9:15 - 9:45 p.m.	Questions and Answers.		

Sunday: August 9, 1970

10:00 - 11:00 a.m.	Evaluation of compulsory exercises.	M. Ivancevic	M. Ivancevic
11:00 - 11:30 a.m.	Art of Construction of Fl. Exercise	M. Todd	M. Muzyczko
11:30 - 12:00	Scoring in the finals.	M. Cumiskey	M. Cumiskey
12:00 - 1:30 p.m.	Lunch - Recess		
1:30 - 2:00 p.m.	The total evaluation.	M. Ivancevic	M. Ivancevic
2:00 - 3:00 p.m.	Practical Lesson... Fl. Exercise.	M. Ivancevic	M. Ivancevic
3:00 - 3:15 p.m.	Recess		
3:15 - 4:15 p.m.	Practical Lesson... Side Horse	M. Cumiskey	M. Cumiskey
4:15 - 5:15 p.m.	Practical Lesson... Rings	M. Gulack	M. Gulack
5:15 - 5:45 p.m.	Questions - Answers	Panel	Panel
5:45 - 6:30 p.m.	Assignment of Categories for Theoretical Examinations.	M. Gulack	M. Gulack

Monday: August 10, 1970

9:00 - 10:00 a.m.	Practical Lesson... Long Horse Vault	M. Ivancevic	M. Ivancevic
10:00 - 11:00 a.m.	Practical Lesson... Parallel Bars	M. Todd	M. Muzyczko
11:00 - 11:15 a.m.	Recess		
11:15 - 12:15	Practical Lesson... Horizontal Bar	M. Cumiskey	M. Cumiskey
12:15 - 2:00 p.m.	Lunch - Recess		
2:00 - 3:00 p.m.	Orientation for Theoretical Examination	M. Gulack	M. Gulack
3:00 - 6:00 p.m.	Theoretical Examinations.	M. Ivancevic	M. Ivancevic
		M. Gulack	M. Gulack
		M. Cumiskey	M. Cumiskey

Tuesday: August 11, 1970

9:00 - 10:00 a.m.	Orientation for Practical Examination.	M. Gulack	M. Gulack
10:00 - 12:00	Practical Examination. (Floor Exercise, Long Horse Vaulting, Rings, Parallel Bars)	Panel	Panel
12:00 - 3:00 p.m.	Lunch Recess		
3:00 - 4:00 p.m.	Final Remarks.	M. Ivancevic	M. Ivancevic

Note: Schedule may be revised by Mr. Ivancevic upon arrival.
USGF will announce luncheon or buffet during course.

U.S.G.F. Materials

1970

1. **F.I.G. CODE OF POINTS FOR MEN.** The official Code of Points for Men, containing rules and all the important information, plus the A-B-C ratings for all events, with illustrations. 196 pages. \$ 3.50
2. **F.I.G. CODE OF POINTS FOR WOMEN.** The Official Code of Points for women, published by the International Federation, contains difficulty ratings and all rules. Vaults illustrated. \$ 2.00
3. **AGE GROUP GYMNASTICS WORKBOOK.** The finest publication of it's type available anywhere. This excellent book provides the teacher or coach with a graded progression of compulsories for boys and girls, ages 6 through 18. Assigned values for each part make an excellent lesson plan. \$3.00 [94 pages].
4. **F.I.G. MEASUREMENTS AND DIMENSIONS.** The official FIG book on measurements and dimensions of all gymnastics equipment. Diagrams included. \$ 1.50
5. **NATIONAL COMPULSORY ROUTINES.** The USGF-DGWS National routines for Girls. Now in use in every part of the USA. Graded levels of performance, music, diagrams, and the USGF's trampoline and tumbling routines are added. \$ 1.50
6. **NOTES FROM ROME.** A judges training supplement to the FIG Code for Women [item 2 above], and filled with useful information based on the FIG Judges course held in Rome. 50 cents.
7. **F.I.G. BULLETIN.** The official quarterly notice published by the FIG, contains international schedule s, and virtually all pertinent information for international gymnastics. A must for the involved coach. \$5.00/per year.
8. **GYMNASTIQUE MODERNE CLASS III.** Beginning level book, by Mrs. Mildred Prchal, the USA's finest authority on this new world-class event. Stick figures, music and routines included. \$ 1.50.
9. **GYMNASTIQUE MODERNE CLASS II.** Intermediate level book, by Mrs. Mildred Prchal. The second in a planned series for bringing the USA into this new and beautiful event. \$ 1.50 [available May 1, 1970]
10. **RULES AND POLICIES FOR WOMEN'S COMPETITION.** The complete guide for women's competitions, for local, regional, national level USGF events. All forms shown, awards, complete guide. \$1.00

SPECIAL PROMOTIONAL ITEMS

11. **TRAVEL VALETS.** Heavy duty, white, vinyl travel valets, with USGF emblem and name in red and blue. Makes a team look like a team while travelling. Discounts available for team orders of 5 or more, allow two weeks for delivery. \$4.50 each single. [specify mens or womens].
12. **GYMNASTICS POSTERS.** The USGF Press provides fast service on 11 x 17 inch posters, with your meet announcement or season schedule shown thereon. Handstand figure, large word GYMNASTICS across the top. \$ 15.00 per hundred, send us your copy desired [printed please] allow 2 weeks for delivery.
13. **DECALS.....PINS.....CRESTS.....**The finest crests (embroidered) available to advertise gymnastics and the USA together. Flag on top, USGF emblem included and initials USGF, all on a dark blue background suitable for leotards, blazers, warm-up suits. Pins are gold, with flag in color on top, decals are of tough mylar plastic and colorful reproductions of the emblem, flag and name, great for books, cars, luggage.
Decals.....50 cents. PINS..... \$1.00 each. CRESTS.....\$2.00 each. (all carry team discounts)

SPECIAL PUBLICATIONS SERVICES

14. **THE MODERN GYMNAST MAGAZINE.** The nations finest gymnastics publication and one of the best in the world. All the photo coverage and results of the events happening here and in every part of the world. You need this for your personal library and school library as well. Write the Modern Gymnast. 410 Broadway, Santa Monica, California 90406. [10 issues].
15. **U.S.G.F. NEWS SERVICE..** Send your name and subscription fee of \$2.00 per year to the USGF Office and ask to be placed on mailing list. Not a regular mailing, but notices are sent when important events are in the offing, and announcements need to be placed in the hands of gymnastics people.