



2024 WINTER CUP & ELITE TEAM CUP
February 22-25
Louisville, Kentucky

Directives v.2 (1.16.24)

Information in these directives is subject to change

Host	Venue
USA Gymnastics	Kentucky International Convention Center 221 S. 4 th St. Louisville, KY 40202

Hotels

Hotel information will be shared via email in January.

Link to host hotel reservations: <https://groups.reservetravel.com/group.aspx?id=72020>

Hotel reservations link will close 1/22/24

Website

Detailed event information may be found at: <https://www.wintercup.com/>

Qualification Procedures and Directives may be found at: <https://usagym.org/events/2024-winter-cup/>

Meet Reservation

USA Gymnastics meet reservation system will be used to confirm participation in the 2024 Winter Cup and Elite Team Cup. See Attachment F for meet reservation instructions.

Winter Cup

- Entry Fee \$175 per athlete.
- Reservation system will be open for pre-qualified athletes from October 16-November 17, 2023.
- Reservation system will be open for athletes from the designated qualifying events from January 14–30, 2024.
- Approved petitions will be able to register after January 31, 2024.
- No refunds will be issued after February 2, 2024

Elite Team Cup

- Entry fee \$175 per athlete.
- Regional Chair must email delegation to Lisa Mendel by January 30, 2024, so that the delegation can be entered into Meet Reservation. Regional chairs will be notified when entry fee is in their cart to pay.

Daily Schedule

See Attachment A

Competition Format and Qualifying Procedures

Two Divisions: Elite Team Cup and Senior Elite

A. February 22: Day 1, Session I – Senior Division: Approximately 48 athletes

- Winter Cup Qualification Procedures can be found here: <https://usagym.org/events/2024-winter-cup/>
- **Timed warm-up rotations prior to competition. One-touch warm-up on each event.**
- The top 35 athletes from Day 1 will qualify to Day 2 in rank order using the MPC approved, Men's Points Program (**Attachment B**)
- No awards will be distributed on Day 1
- Only FIG senior age eligible athletes may qualify to the Senior Division. No athletes may compete in both the ETC and Senior sessions of Winter Cup
- A blind draw will be held for starting event/order
- Athletes from the same program will be placed into the same rotation but may be split depending on the size of the rotation.

B. February 24: Session II – Elite Team Cup

- Junior D score bonus is in effect (**Attachment C**)
- Athletes' competitive age (must turn 14-19 in the year 2024) are eligible to compete and athletes must be selected from the Regional Elite Team Program
- 6-5-4 format designed for team score: Five (5) will be designated for team score on each event. Top four (4) scores on each event will determine final team score. The 6th member of each Regional Team may compete on each event to attempt to qualify to Individual Apparatus finals, but their scores will not contribute to the team score.
- Two replacement athletes will be allowed on the FOP during competition but will not be allowed on the podium during warm-up or competition; replacement athletes are allowed in corral only.
- **Timed warm-up rotations before competition will be enforced. One-touch warm up on each event.**
- 9 Rotations: 6 events with 3 byes. If less than nine (9) regions participate, the number of byes will be adjusted
- Competition on all 6 events must conclude before the team rotation
- Only two (2) credentialed coaches from a region may be on the podium at any time during the competition
- There will be a blind draw for each region's starting event
- The regional team competition order must be submitted, using Attachment E, no later than **Friday February 16**. Any changes to the final team line-up must be submitted no later than 24 hours prior to competition warm-up.
 - If a Team gymnast who is part of the starting order gets injured or ill (including mentally) between **24 hours and 60 min. before the start of competition**, gymnast #6 who is part of the starting order or the reserve gymnast may be used as substitute, The substitute shall take exactly the same place as the replaced gymnast. If this is not possible, the coach has the right to revise the starting order.
 - If a Team gymnast who is part of the starting order gets injured or ill (including mentally) between **60 min. before the start of competition and the end of competition**, the reserve gymnast may no longer be used. Gymnast #6 who is part of the starting order may be used as substitute. The substitute shall take exactly the same place as the replaced gymnast. If this is not possible, the coach has the right to revise the starting order.
- **The ETC Regional Team and Winter Cup Junior All Around results will be determined by ETC competition.**

C. February 25: Session III – Junior & Senior Division

- Senior Day 2:
 - Qualified Senior athletes from Day 1
 - The top 35 athletes from Day 1 will qualify to Day 2 in rank order using the MPC approved, Men's Points Program (**Attachment B**)
 - If 35 athletes do not receive points, then the highest AA score(s) not already qualified will be invited up to 35 athletes.

- The MPC can invite any athlete from Day 1 to participate in Day 2 based on extenuating circumstances.
- **The Senior All Around results will be determined by a combined 2-day total score. If an AA athlete competes two vaults, only the first vault score will be used towards their AA total.**
- **Individual Event winners will be determined by a combined two-day total score. A two-vault average on each day of competition is required for final rankings on Vault.**
- Groups from Day 1 will be kept together for Day 2, but events will be re-drawn.
- Winter Cup Junior Individual Event Finals:
 - Junior athletes will qualify on each event to Finals from the ETC competition. Qualification will be based on the following:
 - The top seven (7) athletes on each event by final ranking from ETC. In the event of a tie for 7th place, both athletes will compete in Finals.
 - Junior D score bonus will be in effect.
 - Random draw for starting order on each event. If an athlete is competing back-to back-events, adequate rest will be considered for the starting order, i.e., an athlete will not compete last on FX and first on PH.

Competition Rules

- A. This will be a FIG rules event with the exceptions noted here.
 - The following documents will be used:
 - FIG *Code of Points* –the current FIG version which can be found at <https://www.gymnastics.sport/site/rules/#2>
 - Any official Men's Technical Committee Newsletters: <https://www.gymnastics.sport/site/pages/newsletters-mag.php>.
 - Most recent USAG/NGJA Rules Interpretations which can be found at <http://www.ngja.org/>
- B. Senior Division athletes will use the FIG *Code of Points* rules for seniors with **USAG Senior D score bonus system will NOT be in effect.**
- C. Junior athletes will use the FIG *Code of Points* rules for juniors with no Development Program modifications.
- D. **Junior D score bonus system will be in effect** and applied to final scores (**Attachment C**).
- E. The FIG competition apparel rules will be in effect (**i.e. – no dark colored competition pants, socks and/or slippers**).
 - As an exception to FIG uniform advertising rules, there will be no penalty for having an athlete's name on their competition uniform.
- F. Athletes are required to wear a shirt or competition top for all pre-competition warm-ups.
- G. A Broken Hand Guard rule will apply, i.e., a retrieval for the breaking of a hand guard or dowel is allowed, at the discretion of the head judge.
- H. Matting:
 - Horizontal Bar: The use of an 8-inch (20 cm) safety mat under horizontal bar is allowed for release moves. Additionally, the use of an 8-inch (20 cm) safety mat for dismounts is allowed at Winter Cup (as per additional matting below).
 - Use of a 10 cm on top of the 20 cm base mat is required for landings on Vault and on both sides of Horizontal Bar. This matting configuration can be changed according to the additional matting allowance noted below; however, the 20 cm base mat must remain in place and the minimum of 30 cm is required.
 - Additional Matting:

FX	Up to 10 cm additional will be allowed – mat cannot be moved once in place. Matting may be used only for landings – no value skills may be initiated on the additional matting.
SR	30 cm mats required, up to 20 cm additional will be allowed (maximum 50 cm)
V	30 cm mats required, up to 20 cm additional will be allowed (maximum 50 cm)

PB Up to 10 cm additional will be allowed

HB 30 cm mats are required, up to 20 cm additional allowed (maximum 50 cm)

I. Vault:

- All vaults will receive a score (no zero vaults), with the exception of vaults that fail to touch the table.
- Men's vault numbers must be shown prior to each vault. Flash boards for vault numbers will be provided at the end of the vault runway.
- Per FIG rules, during the 30 second warm up on Vault, each gymnast is permitted two (2) Vaults (maximum). This applies during any phase of the competition where the warm-up is occurring on the podium. The gymnast is entitled to their two (2) warm up Vaults even if the 30 second warm up time has expired.

I. A 30 second (50 seconds for PB) one-touch warm-up will be used prior to the start of each rotation. There will be a timer at FX and PB.

J. Spraying water or honey on equipment is not permitted (with the exception of PB), however, spraying the hands and then rubbing the equipment will be allowed as per FIG rules

K. For preparation of the Parallel Bars prior to an exercise (during the one-touch warm up and competition), any FOP accredited person from the federation (club) of the gymnasts may assist. (FIG rules for Qualification events)

L. As an exception to FIG uniform advertising rules, there will be no penalty for having an athlete's name on their competition uniform.

M. There will be three (3) judges per event for all sessions of competition. Two (2) judges will perform D and E jury duties and one (1) judge will perform only E jury duties.

N. **IMPORTANT:** For a coach to inquire about a start value at the 2024 Winter Cup and Elite Team Cup, a prepared inquiry form must be used. The form must be typed and filled out completely prior to submission. Coaches may use the form included as **Attachment D** or they may use their own form. However, the following information must be included:

- The athlete's entire routine must be recorded – typed (may include written update during the competition).
- The Difficulty value of each skill must be shown.
- The Element Group of each skill must be shown.
- Any connection bonus must be shown.
- The total number of counting elements in the exercise.
- The total difficulty value, total element group value and final start value for the exercise must be shown.

N. **Coach's professional attire is required at ALL podium training and competition sessions - violators will be asked to leave the floor.**

- Closed-toe shoes, no sandals
- Slacks, warm-up pants or hemmed shorts (no denim and no cargo type pants or shorts will be allowed)
- T-shirt, hoodie, or collared shirts with USAG/club/school logo
- No hats
- No sleeveless shirts
- No backpacks on the podium

O. **Coach's attire at off-day training:**

- Closed toe shoes – no sandals
- Slacks, jeans, warm-up pants or shorts
- T-shirts, hoodie, or collared shirts with USAG/club/school logo
- No sleeveless shirts
- No backpacks may be worn while spotting

P. Elite Team Cup athlete's attire requirements:

- Event assigned competition apparel
- Event assigned warm-up jacket
- Event assigned warm-up pants

No apparel with region-specific insignia/logos are to be worn during warm-ups, competition or awards ceremonies. Region specific apparel may be worn at the scheduled training sessions.

Q. Jury of Appeals: The Jury of Appeals will oversee the conduct of the competition. Any protests to the Jury of Appeals must be submitted as soon as possible following any incident and not later than five (5) minutes following the final competitor. The Jury of Appeals will review the situation to ensure that proper procedure and protocol were followed. The Jury of Appeals will be made up of the Chairman of the MPC, an Athlete Representative and the Vice President of Men's Program. In the event of an absence by one of the jury members, the MPC will designate a replacement member.

R. Tie-break Procedures (FIG Tie Break Procedures):

https://www.gymnastics.sport/publicdir/rules/files/en_Technical%20Regulations%202021.pdf

- In case of a tie in points at any place in All-Around Final Ranking, the ranking will be determined by the following criteria:
 - The gymnast with the highest sum of the final apparatus scores obtained will prevail (i.e. add the total of the 5, 4, 3, 2, 1 of the highest final apparatus scores)
 - If they remain tied, the highest total E-score by adding all apparatus will prevail
 - If they remain tied, the highest total D-score by adding all apparatus will prevail
 - If they remain tied, the gymnasts will share the same classification.
- In case of a tie, in points of the final score at any place on all apparatus, the ranking will be determined by the following criteria:
 - The gymnast with the highest E-score prevails
 - The gymnast with the highest D-score prevails
 - If they remain tied, the gymnasts will share the same classification.

Field of Play Stoppage for Medical Assessment

If a gymnast falls during a routine while performing pommel horse, rings, parallel bars, or high bar and there is concern for a medical injury by the medical team, coaches, and/or judges, the medical team will approach the podium to perform an assessment. If the gymnast remains down on the podium, the fall time will not be started, per current FIG rules. If the gymnast has risen from the ground prior to the medical team response, and the fall time has been started, the fall time will be stopped and reset. If the athlete is medically cleared to continue the routine, the medical staff will signal to the judges and coaches, and the 30-second fall time will start after the medical team leaves the podium. If an injury occurs on the floor exercise during competition, requiring an on-podium medical response, the 75-second clock will be paused. Following the medical assessment, if the athlete has been cleared to continue the routine, the clock will be restarted at the same time it was stopped.

Regarding a gymnast performing two vaults, if a medical assessment is necessary after the first vault, and the athlete is medically cleared to continue, the green light for the start of the second vault will be activated, once the athlete returns to the start of the vault runway.

In all instances, if the gymnast is not cleared to continue their routine, or return for their second vault, within 3 minutes of the start of the medical assessment, the routine or second vault will be terminated.

Concussion Amendment: If a concussion diagnosis is suspected within the 3-minute time limit, the gymnast will be removed from the podium. A more thorough evaluation will be completed off the podium. If the athlete is medically cleared, the athlete will resume competition on the next event. The order in which the athlete will return to line up for the remainder of the events will be determined, in collaboration with athlete, coach, medical team and program

leadership. The medical team will inform all stakeholders (including the program leadership, coaches, athletes, judges and floor managers) of the athlete's status and clearance to participate.

Senior National Team Selection Criteria

The Senior National Team will be named following the 2024 Winter Cup competition. Senior National Team selection criteria can be found here: <https://usagym.org/men/elite/>

2024 U.S. Championships Qualifications

For qualification procedures to the Senior session of the 2024 U.S. Gymnastics Championships, see **Attachment H** below.

Equipment

Equipment for training, warm-up and competition will be provided by Spieth America. They will provide and maintain on-site cleaning of the equipment throughout the event.

Meetings

- A. **Coaches Technical Meetings**
 - Winter Cup: Wednesday February 21, at 4:45pm in location TBD
 - Elite Team Cup: Thursday February 22, at 11:45am in location TBD
- B. **Judges Technical Meeting** - The judges' technical meetings will be held Friday February 23, at 12:00 p.m., Saturday February 24, at 5:00 p.m., and Sunday February 25, at 4:00 p.m.
- C. **SSC Meeting** – The Men's Senior Selection Committee will meet on Sunday February 25, at 8:30 p.m., immediately following the conclusion of Day 2 to review Senior National Team selection and international assignments.
- D. **MPC Meeting** – The Men's Program Committee will meet on Saturday, February 24, at 11:00 a.m. in location TBD

Submission of New Elements

- A. Any new elements, unusual difficulty, unknown difficulty or combinations that are being performed at the 2024 Winter Cup must be submitted to the Technical Director, by the conclusion of the Coaches Technical Meeting on Wednesday February 21. Please use the form **Attachment D** in this packet.
- B. **New elements will be evaluated at the Judges' Meeting on Friday February 23, at 12:00 p.m.**

Training Information

- A. Please refer to the Event Schedule for dates and times (**Attachment A**).
- B. Except where noted, all training sessions will be divided between Junior and Senior sessions. All trainings in the competition hall will include timed rotations. All trainings in the training gym will be open throughout the training session.

Medical

USA Gymnastics will provide medical protocols and personnel for this event. Personnel will be available during scheduled trainings and competition. ARC will be provided to Winter Cup athletes only.

Awards

- A. Elite Team Cup plaques will be presented to the top three regional teams and will be awarded to each of the team members following the ETC session.
- B. Winter Cup Junior All-Around awards will be presented to the top six All-Around competitors by rank order from the ETC competition. These awards will be presented immediately following the ETC competition.
- C. Winter Cup Senior All-Around awards:
 - Seniors - All-Around awards will be presented to the top five (5) All-Around competitors by rank order from Day 1 & 2 combined. These awards will be presented immediately following the Senior Day 2 competition.
- D. Winter Cup Individual Event awards:
 - Seniors - Individual Event awards will be presented to the top three competitors on each event by rank order from Day 1 and Day 2 combined final scores. **A two-vault average on each day of competition is required for final rankings on Vault.** These awards will be presented immediately following the Day 2 competition.
 - Juniors – Individual Event awards will be presented to the top three competitors on each event by rank order from Individual Event finals. These awards will be presented immediately following the Finals competition.
 - Ties will be broken for both Seniors and Juniors using FIG tie-break procedures outlined in the Competition Rules section
- E. **Athletes must be in full warm-up and footwear to receive their award.**

Competition Apparel, March-In and Delegation Seating

- A. **Athletes may NOT wear USA Gymnastics National Team apparel (past or present) for the march-in or for competition.** All participating gymnasts are required to participate in the competition march-in for Elite Team Cup and both Winter Cup Day 1 and Day 2 competitions. Participants should continue to march to each apparatus to present themselves to the judges at the beginning of each rotation.
- B. Delegation seating in the arena: A credential is necessary to sit in the participant seating area. Teammates who are not competing, siblings and friends will not be allowed access to the Field of Play (except for replacement athletes for the ETC competition).
- C. Only competing athletes and their coaches are allowed in the corrals during competitions. Replacement athletes are allowed on the FOP during the ETC competition.
- D. Participants must remain in the corral until called on deck.
- E. Participants' bags and personal items must remain in the corral until rotating to next event. No bags, shoes, etc., are allowed outside of the corral.

Interviews

Interviews by general media will take place for medalists and other requested athletes immediately following the competition at the arena. Athletes always have the right to refuse interviews.

Registration

- A. Credentials for athletes, coaches and officials will be issued at the USAG Registration Desk, which will be located at the Convention Center. Check the schedule for registration times.
- B. No one will be allowed onto the Field of Play or Training without the appropriate credentials.
- C. If your credential is lost, please contact USA Gymnastics staff immediately. There will be a \$100 fee to replace a credential.
- D. For Winter Cup, due to the large number of athletes and coaches, programs will be allowed one coach per competitor, maximum of two coaches per club, on the Field of Play. A request for one additional coach's credential may be submitted to the Men's Program Manager for consideration. If approved, a fee of \$100 may be charged.

For Elite Team Cup, each of the six team members, up-to two replacement athletes, all team coaches and the Regional Chairperson (or designated Team Leader) will be eligible to receive a credential.

We appreciate your cooperation on this matter to help with security and traffic flow of this competition. Floor managers will enforce this policy.

- E. Any participant found trading credentials to admit friends or relatives into the arena during any training or competition schedule, will have their credential removed and will not be allowed to participate in the event. This rule will be strictly enforced.**

Ticket Information

There will be no complimentary tickets for athletes, coaches or judges. For more information on the event, including ticket information, visit the official website at <https://wintercup.com/>.

Deadlines

November 16, by EOD	Final day to register pre-qualified athletes for Winter Cup
January 15, by EOD	ETC apparel order form due to Men's Program Manager
January 30, by EOD	Final day to register qualified athletes for Winter Cup & ETC
February 16, by 12:00 p.m. EST	ETC Team Line-Up due to Men's Program Manager
February 21, by conclusion of technical meeting	New Elements, Difficulty or Combinations form due to Technical Director
February 23, by 3:00 p.m. local time	ETC FINAL Team Line-Up due to Men's Program Manager

For Event Information, Contact:

Jason Woodnick
Vice President of Men's Program
jwoodnick@usagym.org
317-829-5634

Lisa Mendel
Men's Program Manager
lmendel@usagym.org
317-829-5664

Staff

USA Gymnastics

Chairman of the Board	Kathryn Carson
President / CEO	Li Li Leung
Chief Programs Officer	Stefanie Korepin
Vice President of Men's Program	Jason Woodnick
Men's Program Manager	Lisa Mendel
High Performance Director	Brett McClure
Development Program Director	Raj Bhavsar







Technical

Competition Director	Jason Woodnick
Men's Technical Director	Daniel Bachman
Superior Jury	Butch Zunich
Scoring	Scott Slater & Jim Welch, ProScore, provided by Auburn Electronics

Officials

Technical Director: Daniel Bachman

Superior Jury: Butch Zunich

						
D1/E1	Peter Wieging	Mike Ashe	Jon Corbitt	Ron Hill	Craig Nesbitt	Sho Nakamori
D2/E2	Lenny Lucarello	Nate Dotson	Brian Meeker	George Krenk	Dave Johnson	Scott Schaffer
E3	Gerrit DeJonge	Nat Hammond	Mike Juszczuk	Mark Sherman	Tom McNamee	Mick Curth



ATTACHMENT A

EVENT SCHEDULE

Tentative & subject to change

WEDNESDAY FEBRUARY 21

8:00 AM – 5:00 PM	Set-up	
4:45pm	Winter Cup Orientation Meeting	TBD
5:30-8:30pm	Sr Men Podium Training	Competition Hall

THURSDAY FEBRUARY 22

9:00 AM – 11:00 AM	Sr Men Training	Training Gym
11:15 AM	ETC Orientation Meeting	TBD
12:00 PM – 3:00 PM	ETC Podium Training	Competition Hall
3:00 PM – 6:00 PM	Sr Men Training	Competition Hall
6:30 PM – 8:30 PM	ETC Training	Training Gym

FRIDAY FEBRUARY 23

9:00 AM – 12:00 PM	ETC Training	Training Gym
11:20 AM – 1:15 PM	Sr Men Day 1 Warm-Up	Competition Hall
12:00 PM – 1:00 PM	Judges Meeting	Judges Room
1:30 PM – 4:00 PM	Sr Men Day 1 Competition	Competition Hall

SATURDAY FEBRUARY 24

9:00 AM – 11:00 AM	ETC Training	Training Gym
11:00 AM – 1:30 PM	MPC Meeting	TBD
2:00 PM - 4:30 PM	Sr Men Training	Training Gym
4:00 PM – 6:15 PM	Elite Team Cup Warm-up	Competition Hall
5:00 PM – 6:00 PM	Judges Meeting	Judges Room
6:30 PM – 9:30 PM	Elite Team Cup Competition	Competition Hall

SUNDAY FEBRUARY 25

8:00 AM – 9:30 AM	Winter Cup Jr & Sr Finalists Training	Competition Hall
3:20 PM – 5:15 PM	Winter Cup Jr & Sr Finalists Warm-Up	Competition Hall
4:00 PM – 5:00 PM	Judges Meeting	Judges Room
5:30 PM – 8:00 PM	Winter Cup Day 2 Finals Competition	Competition Hall
8:30 PM – 10:30 PM	Senior Selection Committee Meeting	TBD



ATTACHMENT B

POINTS SYSTEM FOR 2024 WINTER CUP

MPC Approved Point System

- Top 10 athletes on each event will receive points from two sets of rankings: Day 1 competition rankings and Day 2 competition rankings (not combined from both days). Points from each day of competition will be added together to create the athlete's Final Points Total. No points will be awarded for All Around results.
- Points will be awarded on each event according to the following:
 - First place = 11 points
 - Second place = 10 points
 - Third place = 9 points
 - Fourth place = 7 points
 - Fifth place = 6 points
 - Sixth place = 5 points
 - Seventh place = 4 points
 - Eighth place = 3 points
 - Ninth place = 2 points
 - Tenth place = 1 points
- Vault points will be awarded based on one-vault rankings from each day of competition.
- The program skips from 9 points to 7 points in order to provide greater emphasis on finishing in the top three on each event.
- Athletes who tie for individual events will be awarded duplicate points with the next point total being skipped. (Example: tie for individual event third – both athletes awarded 9 points, the next highest-ranking athlete receives fifth place points and is awarded 6 points).
- The points awarded for the six events will be totaled for each athlete each day. An athlete's day one and day two competitive points will be totaled for that athlete's Final Points results.



ATTACHMENT C

Elite Team Cup/Winter Cup Junior Men's Bonus Table

FX		PH		SR		VT		PB		HB	
Difficulty	Bonus	Difficulty	Bonus	Difficulty	Bonus	Difficulty	Bonus	Difficulty	Bonus	Difficulty	Bonus
4.6	0.104	4.6	0.104	4.2	0.104	4.8	0.100	4.5	0.104	4.0	0.104
4.7	0.217	4.7	0.217	4.3	0.217			4.6	0.217	4.1	0.217
4.8	0.338	4.8	0.338	4.4	0.338	5.0	0.302	4.7	0.338	4.2	0.338
4.9	0.469	4.9	0.469	4.5	0.469			4.8	0.469	4.3	0.469
5.0	0.611	5.0	0.611	4.6	0.611	5.2	0.505	4.9	0.611	4.4	0.611
5.1	0.763	5.1	0.763	4.7	0.763			5.0	0.763	4.5	0.763
5.2	0.926	5.2	0.926	4.8	0.926	5.4	0.710	5.1	0.926	4.6	0.926
5.3	1.102	5.3	1.102	4.9	1.102			5.2	1.102	4.7	1.102
5.4	1.290	5.4	1.290	5.0	1.290	5.6	0.916	5.3	1.290	4.8	1.290
5.5	1.492	5.5	1.492	5.1	1.492			5.4	1.492	4.9	1.492



ATTACHMENT D

2024 Winter Cup

NEW ELEMENT, DIFFICULTY, OR COMBINATION FORM

Please complete and submit the following form to the Technical Director by the completion of the Technical Meeting on Wednesday February 21.

Name of Program: _____

Gymnast: _____ Number: _____

Floor Exercise

Pommel Horse

Still Rings

Vault

Parallel Bars

Horizontal Bar



ATTACHMENT E

2024 Winter Cup
INQUIRY FORM

Athlete Name: _____ Program Name: _____

Event: _____

Skill	Value	Conn.	Element Group

A = _____

B = _____

C = _____

D = _____

E = _____

F = _____

G = _____

H = _____

Difficulty = _____

Element Groups = _____

Connection = _____

Start Value: _____

VAULT

Vault #	Vault description	Start Value



ATTACHMENT F

2024 ELITE TEAM CUP

TEAM LINE-UP / COMPETITION ORDER

This Form must be submitted to Lisa Mendel, lmendel@usagym.org no later than 12:00 pm Eastern Time on Friday February 16, 2024.

The final team line-up must be submitted to Lisa Mendel no later than 24 hours prior to competition warm-up (3:00 pm local time on Friday February 23. Changes to the lineup after submission of the final starting order may only be made due to injury or illness. In the event a competing athlete becomes ill or injured, a replacement athlete may only replace that athlete's spot in the team lineup.

Region _____

Enter athlete competition number, name and order in the team line-up on each event.

Athlete No.	Athlete Name	Competition Order					
		FX	PH	SR	V	PB	HB
Example	John Doe	4	2	3	6	1	4

Submitted By: _____



Attachment G

Meet Reservation Registration Instructions

Registration for the 2024 Winter Cup and Elite Team Cup will begin and end according to the following:

- Entry for all pre-qualified athletes will begin from October 16-November 17, 2023.
- Entry for athletes from the designated qualifying events will be from January 14 – January 30, 2024.
- Entry for approved petitions will begin after January 31, 2024. Final registration date will be determined in January 2024.

The entry fee to enter the 2024 Winter Cup and Elite Team Cup is \$175. Only one coach per athlete, with a maximum of two coaches per club, is permitted to register for the event.

All athletes and coaches must be registered by a Club Administrator through the USA Gymnastics Meet Reservation System. Athletes and coaches will be unable to register unless they have a valid USA Gymnastics membership. All athletes 18 years of age and older must have completed the U110 Safe Sport course or completed its refresher course.

Instructions for Club Admins to register athletes and coaches:

- Log into your USA Gymnastics Membership record
- Click on "Meet Reservation" on the left side of screen
- Set search filter to Men's discipline and KY
- Click on "2024 Winter Cup (M)" or "2024 Elite Team Cup"
- Follow prompts to complete reservation process

Note that if an athlete or coach's name does not show up on your roster, the member does not have a valid membership or is not on your roster.

For consideration of an additional coach, an Additional Coaches Credential Form must be submitted for consideration with a \$100 fee. [Click here for form](#). If approved, the fee will be placed in to the responsible party's membership cart for payment completion. **DO NOT REGISTER ADDITIONAL COACHES. APPROVED ADDITIONAL COACHES WILL BE REGISTERED BY USA GYMNASTICS.**

Contact Jason Woodnick at jwoodnick@usagym.org or Lisa Mendel at lmendel@usagym.org with any event questions or inquiries.



Attachment H

Senior Qualification Procedures to the 2024 U.S. Gymnastics Championships

Athletes may qualify to the Senior session of the 2024 U.S. Championships through the following methods:

- By being named to the Senior National Team (including Senior Development Team) from either of the previous two National Team selection events (2023 U.S. Championships & 2024 Winter Cup)
- By being one of the next five (5) ranked athletes in the [Men's Point Program](#) final results at the 2024 Winter Cup, who are not already qualified to U.S. Championships
- Excluding athletes already qualified to the U.S. Championships, the top six (6) ranked athletes in the all-around at the 2024 NCAA Championships will qualify to U.S. Championships provided that they finish within the top 10 all-around at the 2024 NCAA Championships.
- By being one of the top three (3) ranked 18 or 19 year old Level 10 JE athletes in the all-around final results from 2024 Men's Development National Championships
- By Men's Program Committee approved petition

A petition to enter the Senior session of the 2024 U.S. Gymnastics Championships may be submitted by any age-eligible athlete. Petitions to the 2024 U.S. Gymnastics Championships must follow the process below:

- Petitions are due to the Men's Program Committee Chairman via email by May 13, 2024
- All submitted petitions must include the following:
 - Petition Form located here:
<https://static.usagym.org/PDFs/Men/Rules/Rules%20and%20Policies/injury-petition.pdf>
 - Medical report/letter by an examining physician subject to verification by USAG medical staff
 - Athlete's return to play plan/timeline, or
 - Proof of medical clearance to participate subject to verification by USAG medical staff
- Petitions are reviewed by the Men's Program Committee based on the following factors:
 - Number of available competitive spots at the competition – approximately 48 athletes may compete in the Senior session at the 2024 U.S. Championships
 - Medical clearance and return to play timeline
 - Current or previous National Team status
 - Strength of previous competition results - the petitioned athlete has shown past results at domestic Championship events or FIG international events assigned by USAG (within the years 2021-2024) that are competitive with already qualified athletes