## COMPETITION: 2023 NCAA Challenge (Week 3)
## EVENT: Floor Exercise

| Skills | Value (*) | Element Group | Connection Bonus | Execution Deduction | Comments |
|---|---|---|---|---|---|
| Round off | | | | | |
| Back handspring | A | 3 | | | |
| Double back salto 1/1 tw | **D** | 3 | | 0.1, 0.1, 0.1 | Legs apart, Bent ankle, Lack of control on landing |
| Double back tuck | **C** | 3 | | 0.1, 0.1 | Legs apart, Bent ankle |
| Front salto tucked 1/1 tw | **B** | 2 | | 0.1, 0.1, 0.5 | Legs apart, Bent ankle, Jump to prone |
| "V" sit | **B** | 1 | | 0.3 | Legs not vertical |
| Split | **A** | 1 | | | |
| Press to HS | **B** | 1 | | 0.1 | Slight body movement |
| 1/2 turn in HS | A | 1 | | | |
| Back salto stretched | **B** | 3 | | | |
| Back salto str 3/2 tw | **C** | 3 | | 0.1 | Form |
| Front salto str 1/1 tw | **C** | 2 | | 0.1, 0.1 | Form, Small hop |
| Back salto str. 5/2 tw | **D** | 3 | | 0.1, 0.1, 0.1 | Legs crossed, Lack of preparation, Small hop |

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|---|---|---|---|---|
| G = | | | | |
| F = | | | | |
| E = | Difficulty = 2.6 | | **E1 = 2.2** | **Dismount stuck = NO** |
| D = 2 | Element Groups = 2.0 | | | |
| C = 3 | Connection + Stick = 0.0 | | | |
| B = 4 | | | | **D Panel + E Panel = 12.40** |
| A = 1 | **D Score = 4.6** | | | |

**D – Panel Comments:** Per newsletter #3, The V-sit was within 30 degrees of vertical, so it was recognized.
**E – Panel Comments:**

**\*** X = repeated skill or non-recognized skill.
   The top 10 counting skills are noted in **Bold & larger font**

**COMPETITION:**     **2023 NCAA Challenge (Week 3)**
**EVENT:**     **Pommel Horse**

| Skills | Value (*) | Element Group | Connection Bonus | Execution Deduction | Comments |
|---|---|---|---|---|---|
| Double scissor fwd w travel | C | 1 | | | |
| Circle in side support | A | 2 | | | |
| Sohn | E | 2 | | 0.1, 0.3 | Legs apart, Hip break |
| LLSS | E | 2 | | 0.1 | Slight leg split |
| LLR18 | D | 2 | | 0.3, 0.1 | Legs split, Legs bent |
| Circle in cross support | A | 2 | | 0.1 | Skew |
| Magyar (1-3-5) | D | 3 | | 0.1, 0.1 | Skew in the beginning and end |
| Circle in cross support rearways | A | 2 | | 0.1 | Skew |
| Sivado (5-4-3-1) | D | 3 | | 0.1 | Skew at the end |
| Circle in cross support | | | | 0.1 | Skew |
| Step up Loop | B | 2 | | 0.1 | Lack of extension |
| Loop to HS | C | 4 | | 0.3, 0.3 | Angle short of HS, Low chest on landing |
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|---|---|---|---|---|
| G = | | | | |
| F = | | | | |
| E = 2 | Difficulty = | 3.1 | **E1 = 2.2** | |
| D = 3 | Element Groups = | 1.8 | | |
| C = 2 | Connection Bonus = | 0.0 | | |
| B = 1 | | | | **D Panel + E Panel = 12.70** |
| A = 1 | **D Score =** | 4.9 | | |

**D – Panel Comments:** 9 Elements, Too many group 2's.

**E – Panel Comments:**

**\*** X = repeated skill or non-recognized skill.
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**COMPETITION:** 2023 NCAA Challenge (Week 3)
**EVENT:** Still Rings

| Skills | Value (*) | Element Group | Connection Bonus | Execution Deduction | Comments |
|---|---|---|---|---|---|
| Back uprise to Cross | **C** | 3 | | 0.1, 0.3 | High entry, short hold |
| Kip to L sit | **B** | 3 | | 0.3 | Arms Bent 30-45 |
| Lower to Cross | **B** | 2 | | 0.1, 0.1, 0.3 | High hold, False grip, Short hold |
| Inverted hang | | | | 0.1 | Pause more than 2 seconds |
| Yamawaki | **C** | 1 | | | |
| Jonasson | **D** | 1 | | | |
| Back uprise to support | **A** | 1 | | 0.1 | Bent arms |
| L sit | **A** | 2 | | 0.1 | Movement |
| From support, roll fwd | A | 1 | | | |
| Back uprise to HS | **C** | 1 | | 0.1, 0.1 | Slight bent arms, Body movement |
| Giant to HS | **C** | 1 | | 0.1 | Swinging of the rings |
| Double back salto 3/2 tw | **D** | 4 | | 0.1, 0.3, 0.3, 0.3 | Incomplete twist, Lack of preparation, Touching the mat with 1 hand, Large step |
| | | | | | |

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|---|---|---|---|---|
| G = | | | | |
| F = | | | | |
| E = | Difficulty = 2.6 | | **E1 = 2.8** | **Dismount stuck = NO** |
| D = 2 | Element Groups = 2.0 | | | |
| C = 4 | NCAA Stick Bonus = 0.0 | | | |
| B = 2 | | | | **D Panel + E Panel = 11.80** |
| A = 2 | **D Score = 4.6** | | | |

**D – Panel Comments:**

**E – Panel Comments:**

**\*** X = repeated skill or non-recognized skill.
   The top 10 counting skills are noted in **Bold & larger font.**

**COMPETITION:** 2023 NCAA Challenge (Week 3)
**EVENT:** Vault

| Skills | Value (*) | Element Group | Connection Bonus | Execution Deduction | Comments |
|---|---|---|---|---|---|
| <mark>Tsukahara stretched</mark> | 4.8 | | | 0.5 | Legs apart during entry |
| <mark>2/1 twist (Akopian) #126</mark> | | | | 0.3 | Knees bent on pre-flight |
| | | | | 0.1 | Body piked |
| | | | | 0.1 | Legs crossed |
| | | | | 0.1 | Bent ankle |
| | | | | 0.1 | Bent leg post flight |
| | | | | 0.1 | Lack of preparation |
| | | | | 0.3 | Large step (left foot) |
| | | | | 0.1 | Foot slide (right foot) |
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|---|---|---|---|---|
| G = | | | | |
| F = | | | | |
| E = | Difficulty = 4.8 | | **E1 = 1.7** | **Dismount stuck = NO** |
| D = | Element Groups = N/A | | | |
| C = | NCAA Stick Bonus = 0.0 | | | |
| B = | | | | **D Panel + E Panel = 13.10** |
| A = | **D Score = 4.8** | | | |

**D – Panel Comments:**
**E – Panel Comments:**

**\*** X = repeated skill or non-recognized skill.
   The top 10 counting skills are noted in **Bold & larger font.**

**COMPETITION:**      **2023 NCAA Challenge (Week 3)**
**EVENT:**      **Parallel Bars**

| Skills | Value (*) | Element Group | Connection Bonus | Execution Deduction | Comments |
|---|---|---|---|---|---|
| Front uprise | **A** | 2 | | 0.1 | Back below horizontal, but above 45 |
| Swing to HS | A | 1 | | 0.1 | Body movement |
| Healy | **D** | 1 | | 0.1 + 0.1 | 2 hand movements |
| Basket with ½ turn | **E** | 3 | | 0.3, 0.1 | Arm bend, Deviation from HS |
| Basket to HS | **D** | 3 | | 0.1 | Arm bend |
| Giant to HS | **C** | 3 | | | |
| Front uprise | Rep | | | 0.1 | Back below horizontal, but above 45 |
| Diamidov | **C** | 1 | | 0.1, 0.1 | Slight knee bend, Hand adjustment |
| Stutz | **C** | 1 | | 0.1 | Legs apart |
| Moy with straight legs | **C** | 3 | | 0.1 | Back below horizontal at regrasp |
| Swing pirouette | A | 1 | | 0.1 | Small hand adjustment |
| Tippelt | **D** | 3 | | | |
| Double back salto piked | **D** | 4 | | 0.1, 0.1, 0.1 | Slight knee bend, Lack of preparation, Small hop |
| | | | | | |

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|---|---|---|---|---|
| G = | | | | |
| F = | | | | |
| E = 1 | Difficulty =      3.4 | | **E1 = 1.8** | **Dismount stuck = NO** |
| D = 4 | Element Groups =      2.0 | | | |
| C = 4 | NCAA Stick Bonus = 0.0 | | | |
| B = | | | | **D Panel + E Panel = 13.60** |
| A = 1 | **D Score =      5.4** | | | |

**D – Panel Comments:**

**E – Panel Comments:**

**\*** X = repeated skill or non-recognized skill.
   The top 10 counting skills are noted in **Bold & larger font.**

**COMPETITION:**     **2023 NCAA Challenge (Week 3)**
**EVENT:**     **Horizontal Bar**

| Skills | Value (*) | Element Group | Connection Bonus | Execution Deduction | Comments |
|---|---|---|---|---|---|
| Vault catch | **B** | 2 | | 0.3 | Lack of amplitude. |
| Endo (non-recognition) | NR | | | 0.3 | Not continuing in the intended direction |
| Over grip giant | **A** | 1 | | 0.1 | Hand slide |
| Blind change | **A** | 1 | | | |
| Under grip giant | **A** | 1 | | 0.1 | Hand slide |
| Adler | **C** | 3 | | 0.3 | Deviation from HS |
| Elgrip giant | **B** | 1 | | | |
| "*Attempted*" Russian giant | NR | | | 0.3 | Insufficient inlocate |
| Hop to under grip | | | | | |
| Pirouette | A | 1 | | 0.1 | Hand adjustment |
| Flying giant | **B** | 1 | | 0.1 | Lack of amplitude |
| Stalder | **B** | 3 | | 0.3 | Rhythm before stalder |
| Double back salto 1/1 turn | **C** | 4 | | 0.1, 0.1 | Legs apart, Small hop |
| | | | | | |

| | | | | |
|---|---|---|---|---|
| G = | | | | |
| F = | Difficulty = | 1.7 | | |
| E = | Element Groups = | 1.8 | **E1 = 2.1** | **Dismount stuck = NO** |
| D = | Connection Bonus = | 0.0 | | |
| C = 2 | NCAA Stick Bonus = | 0.0 | | |
| B = 4 | | | | **D Panel + E Panel = 11.40** |
| A = 3 | **D Score =** | **3.5** | | |

**D – Panel Comments:**   **The "attempted" Russian giant swing - the athlete does not swing over the top in the Russian position. 9 elements, Too many group 1's**

**E – Panel Comments:**

**\*** X = repeated skill or non-recognized skill.
  The top 10 counting skills are noted in **Bold & larger font.**