



NGJA Judges Report Form

Competition	NGJA Course Routine Eval 2021
Event	Floor Exercise
Level	FIG & NCAA
Judge 1 (D1/E1)	Brian Meeker
Judge 2 (D2/E2)	Tom Kutz
Judge 3 (E3)	If Applicable
Judge 4 (E4)	If Applicable
Location	If Applicable
Dates	July 31, 2021

Overview & Event Commentary:

Twisting skills with ½ or full turn are in the same box. Watch for repetition.

Neutral deduction for using the same diagonal more than 2x

Connection passes will not receive CB if single salto twisting elements are combined with other single salto twisting elements



COMPETITION: 2021 NGJA Course

EVENT: Floor Exercise

ROUTINE FIG #1

Skills	Value	Element Group	Connection Bonus	Execution Deductions	Comments
Front Handspring	A	II			
Double salto fwd piked, also w/ ½ turn	E	II		0.3 prep for landing, 0.1 small hop	
Salto fwd str w/ 1/1 t., also w/ 3/2 t.	C	II			
Salto fwd str w/ 2/1 t.	D	II		0.1 uncontrolled landing, 0.1 small hop	
Salto bwd str w/ 5/2 t.	D	III		0.1 feet in air	3rd pass on same diagonal
Salto fwd str, also w/ ½ t.	B	II		0.1 feet apart on landing, 0.1 small hop, 0.1 uncontrolled landing	
Salto bwd str w/ 3/2 t., also w/ 2/1 t.	C	III		0.1 amplitude	
Salto fwd str w 1/1 t., also w/ 3/2 t	-	-		0.3 pike down, 0.1 small hop	Repetition
Endo	B	I		0.1 slight feet separation	
Salto bwd str w/ 3/2 t., also w/ 2/1 t.	-	-			Repetition
Salto bwd str w/ 3/1 t.	D	IV (III)		0.1 incomplete twist, 0.1 small step, 0.1 form in air	

Difficulty	D Panel	E Panel	Final Score
G =			
F =			
E = 1	Difficulty = 2.8	E1 = 2.0	Neutral: 0.3
D = 3	Element Groups = 2.0	E2 =	
C = 1	Connection Bonus = 0.0	E3 =	
B = 2	Presentation = 10.0	E4 =	D Panel + E Panel =
A =	Start Value = 14.8		

D – Panel Comments:

No connection bonus will be given for directly connected single salto with turns

Neutral Deduction - Using same diagonal more than 2 times

E – Panel Comments: E Panel deductions are cumulative of both E1 and E2 Judges



COMPETITION: 2021 NGJA Course

EVENT: Floor Exercise

ROUTINE FIG #2

Skills	Value	Element Group	Connection Bonus	Execution Deductions	Comments
Back handspring	-	III			6th group III element
Double Salto bwd str w. 2/1 t.	F	III		0.3 medium hop, 0.1 small hop, 0.1 prep for landing	
Back handspring	-	-			repetition
Double Salto bwd w/ 3/1 t.	G	III			
Salto bwd. w/ 7/2 t.	E	III		0.1 incomplete twist	3rd pass on same diagonal
Salto fwd str, also w/ ½ t.	B	II			
Salto bwd str 5/2 t.	D	III			
Salto fwd str. w/ 2/1 t.	D	II		0.1 incomplete twist, 0.3 medium step, 0.3 uncontrolled landing	
Cross or Side Split (stop required)	A	I			
Swiss press from split, L-sit, strad, L-sit or front sup (2 sec.)	B	I		0.1 pause in press	
Salto fwd str w 1/1 t., also 3/2 t	C	II			
Salto fwd str w 1/1 t., also 3/2t.	-	-		0.1 pike down, 0.1 small hop, 0.1 amplitude	repetition
Salto bwd str w 3/1 t.	D	IV (III)		0.1 feet separation, 0.3 step, 0.3 uncontrolled landing	

Difficulty	D Panel	E Panel	Final Score
G = 1			
F = 1			
E = 1	Difficulty = 3.8	E1 = 3.1	Neutral = -0.3
D = 3	Element Groups = 2.0	E2 =	
C = 1	Connection Bonus = N/A	E3 =	
B = 2	Presentation = 10.0	E4 =	D Panel + E Panel =
A = 1	Start Value = 15.8		

D – Panel Comments:

No connection bonus will be given for directly connected single salto with turns

Neutral Deduction - Using same diagonal more than 2 times

E – Panel Comments: E Panel deductions are cumulative of both E1 and E2 Judge



COMPETITION: 2021 NGJA Course

EVENT: Floor Exercise

ROUTINE FIG #3

Skills	Value	Element Group	Connection Bonus	Execution Deductions	Comments
Salto fwd str., also w/ ½ t.	B	II			
Double Salto fwd tuck, also w/ ½ t.	D	II	0.1	0.1 leg separation, 0.3 prep for landing, 0.1 medium step	
Back Handspring	-	III			
Double Salto bwd tucked w/ 2/1 t	E	III		0.1 small hop, 0.1 prep	
Salto bwd str w/ 5/2 t	D	III		0.1 form	
Salto fwd tuck or pike, also w/ ½ t	A	II		0.1 amplitude, 0.1 indistinct position, 0.1 small hop	
Salto bwd str w/ 3/2 t, also w/ 2/1 t	C	III			
Salto fwd tuck or pike, to support	B	II			
federechenko	C	I		0.1 slight feet separation	
Salto fwd str w/ 1/1 t, also w/ 3/2 t	C	II		0.1 amplitude, 0.1 prep for landing	
Salto bwd str w/ 3/1 t	D	IV (III)		0.1 feet separation, 0.3 medium hop	

Difficulty	D Panel	E Panel	Final Score
G =			
F =			
E = 1	Difficulty = 3.2	E1 = 2.5	
D = 3	Element Groups = 2.0	E2 =	
C = 3	Connection Bonus = 0.1	E3 =	
B = 2	Presentation = 10.0	E4 =	D Panel + E Panel =
A = 1	Start Value = 15.3		

D – Panel Comments:

Neutral Deduction - Using same diagonal more than 2 times

E – Panel Comments: E Panel deductions are cumulative of both E1 and E2 Judges



COMPETITION: 2021 NGJA Course

EVENT: Parallel Bars

ROUTINE FIG #4

Skills	Value	Element Group	Connection Bonus	Execution Deductions	Comments
Double Salto fwd pike, also w/ ½ t	E	II		0.3 medium hop	
Salto bwd str w 5/2 t	D	III			
Salto fwd str w 2/1 t	D	II		0.1 feet separation, 0.3 medium hop	
Double Salto fwd pike, also w/ ½ t	-	-		0.1 uncontrolled landing, 0.3 medium hop	repetition. 3rd pass on same diagonal
Salto fwd str w 1/1 t, also w/ 3/2 t	C	II			
Salto fwd str w/ 5/2 t	E	II		0.1 leg separation, 0.1 incomplete twist, 0.1 small hop	
Federechenko	C	I			
Cross or Side Split (stop required)	A	I			
From split, press to Japanese HS	C	I			
Salto bwd str w/ 3/2 t, also w/ 2/1 t	C	III		0.3 medium hop	
Salto bwd str w/ 3/1 t	D	IV (III)		0.1 leg separation, 0.1 prep for landing, 0.3 medium hop	

Difficulty	D Panel	E Panel	Final Score
G =			
F =			
E = 2	Difficulty = 3.5	E1 = 2.4	Neutral = 0.3
D = 3	Element Groups = 2.0	E2 = 2.2	
C = 4	Connection Bonus = N/A	E3 =	
B =	Presentation = 10.0	E4 =	D Panel + E Panel =
A = 1	Start Value = 15.5		

D – Panel Comments:

No connection bonus will be given for directly connected single salto with turns

Neutral Deduction - Using same diagonal more than 2 times

E – Panel Comments: E Panel deductions are cumulative of both E1 and E2 Judges



COMPETITION: 2021 NGJA Course

EVENT: Floor Exercise

ROUTINE FIG #5

Skills	Value	Element Group	Connection Bonus	Execution Deductions	Comments
Double Salto fwd. pike	E	II		0.1 leg separation, 0.3 medium hop	
Salto fwd str w/ 2/1 t	D	II			
Salto fwd str w 1/1 t, also w/ 3/2 t	C	II		0.1 prep for landing, 0.1 small hop	
Back handspring	A	III			
Salto bws str w 5/2	D	III			
Salto fwd tuck w/ 1/1 t, also w/ 3/2 t	B	II		0.1 indistinct tuck position, 0.1 leg separation, 0.1 small hop, 0.3 amplitude	0.1 neutral - 1 foot out
Federenchenko	C	I			
Cross or Side Split (stop required)	-	-		0.3 no stop	
From split, press to Japanese HS	C	I			
Salto bwd str w/ 3/2 t, also w/ 2/1 t	C	III		0.1 balance check, 0.3 prep for landing, 0.1 legs apart on landing	
Swallow	C	I			
Double Salto fwd. tuck	D	IV (II)		0.3 prep for landing, 0.1 small hop, 0.1 leg separation	

Difficulty	D Panel	E Panel	Final Score
G =			
F =			
E = 1	Difficulty = 3.4	E1 = 2.6	Neutral = 0.3
D = 3	Element Groups = 2.0	E2 = 2.5	
C = 5	Connection Bonus = N/A	E3 =	
B = 1	Presentation = 10.0	E4 =	D Panel + E Panel =
A = 1	Start Value = 15.4		

D – Panel Comments:

No connection bonus will be given for directly connected single salto with turns

Neutral Deduction - Using same diagonal more than 2 times

E – Panel Comments: E Panel deductions are cumulative of both E1 and E2 Judges



COMPETITION: 2021 NGJA Course

EVENT: Floor Exercise

ROUTINE NCAA #1 - W&M - Creelman

Skills	Value	Element Group	Connection Bonus	Execution Deductions	Comments
Back Handspring	A	III	-		
Double salto bwd. tuck	C	III	-	0.1 small hop, 0.1 arm swing	
Salto bwd str. w/ 5/2 t	D	III	-		
Salto fwd str., also w/ ½ t	B	II	+0.1	0.3 height, 0.1 slight knee bend, 0.3 uncontrolled landing	
Salto bwd str w/ 3/2 t, also w/ 2/1 t	C	III	-		3rd pass on same diagonal
Salto fwd str w/ 1/1 t, also w/ 3/2 t	C	II	-	0.1 height, 0.1 slight leg separation, 0.1 small hop	
Endo	B	I	-	0.1 hop in prone	
Salto fwd tuck w/ 1/1 t, also w/ 3/2 t	B	II	-	0.1 indistinct tuck position	
Salto fwd str., also w/ ½ t	-	-	-	0.1 height, 0.1 small hop	repetition
Salto bwd str., also w/ ½ t	B	III	-	0.1 prep for landing	
Back Handspring	-	-	-		
Salto bwd str w/ 3/2 t, also 2/1 t	-	-	-	0.1 leg separation, 0.1 prep for landing, 0.1 arm swing, 0.1 small step	repetition

Difficulty	D Panel	E Panel	Final Score
G =			
F =			
E =	Difficulty = 2.2	E1 = 2.0	Neutral = 0.3
D = 1	Element Groups = 1.5	E2 = 2.0	
C = 3	Connection Bonus = 0.1	E3 =	
B = 4	Presentation = 10.0	E4 =	D Panel + E Panel =
A = 1	Start Value = 13.8		

D – Panel Comments:

9 parts. No dismount EG due to repetition.

No connection bonus will be given for directly connected single salto with turns

Neutral Deduction - Using same diagonal more than 2 times

E – Panel Comments: E Panel deductions are cumulative of both E1 and E2 Judges



COMPETITION: 2021 NGJA Course

EVENT: Floor Exercise

ROUTINE NCAA #2 - Illinois - Diab

Skills	Value	Element Group	Connection Bonus	Execution Deductions	Comments
Double salto fwd tuck	D	II		0.1 small hop, 0.1 prep for landing	
Salto fwd str w/ 2/1 t	D	II		0.1 slight feet separation	
Salto fwd str w/ 1/1 t, also w/ 3/2 t	C	II		0.1 feet, 0.1 small hop, 0.1 height	
Salto bwd str w/ 5/2 t	D	III		0.1 slight feet separation	3rd pass on same diagonal
Salto fwd str, also w/ ½ t	B	II		0.1 small hop	
Salto fwd str w/ 1/1 t, also w/ 3/2 t	-	-		0.1 pike down, 0.1 prep for landing	repetition
Swallow	C	I			
Back Handspring	A	III			
Salto bwd str w/ 3/2 t, also w/ 2/1 t	C	III		0.1 small hop, 0.3 prep for landing	
Back Handspring	-	-			
Salto bwd str w/ 3/1 t	D	IV (III)	0.1	0.1 feet separation, 0.1 prep for landing	Stick Bonus for NCAA

Difficulty	D Panel	E Panel	Final Score
G =			
F =	Stick Bonus = 0.1		
E =	Difficulty = 2.8	E1 = 1.6	Neutral = 0.3
D = 4	Element Groups = 2.0	E2 = 1.6	
C = 3	Connection Bonus = N/A	E3 =	
B = 1	Presentation = 10.0	E4 =	D Panel + E Panel =
A = 1	Start Value = 14.8		

D – Panel Comments:

9 parts

No connection bonus will be given for directly connected single salto with turns

Neutral Deduction - Using same diagonal more than 2 times

E – Panel Comments: E Panel deductions are cumulative of both E1 and E2 Judges



COMPETITION: 2021 NGJA Course

EVENT: Floor Exercise

ROUTINE NCAA #3 - Pantazis

Skills	Value	Element Group	Connection Bonus	Execution Deductions	Comments
Salto fwd str w/ 1/1 t, also w/ 3/2 t	C	II			
Salto fwd str w/ 2/1 t	D	II		0.1 prep for landing, 0.1-0.3 hop	
Back Handspring	A	III			
Arabian Double tuck or pike or double back t. or p. w/ ½ t	D	III		0.2 small hop (2), 0.1 feet separation, 0.1 step in corner	0.1 neutral (1 foot out)
Salto bwd str w/ 5/2 t	D	III			3rd pass on same diagonal
Salto fwd str., also w/ ½ t	B	II			
Salto bwd str w/ 3/2 t, also w/ 2/1 t	C	III		.1 incomp twist	
Salto fwd str w/ 1/1 t, also w/ 3/2 t	-	-		0.3 prep for landing, 0.1 pike down, 0.1 small hop	repetition
Endo	B	I			
Salto bwd str w/ 3/2 t, also w/ 2/1 t	-	-			repetition
Salto bwd str w/ 3/1 t	D	IV (III)	0.1	0.1 prep for landing, incomp twist	Stick Bonus for NCAA ???

Difficulty	D Panel	E Panel	Final Score
G =			
F =	Stick Bonus = 0.1		
E =	Difficulty = 2.7	E1 = 1.5	Neutral = 0.3 + 0.1
D = 4	Element Groups = 2.0	E2 = 1.2	
C = 2	Connection Bonus = N/A	E3 =	
B = 2	Presentation = 10.0	E4 =	D Panel + E Panel =
A = 1	Start Value = 14.8		

D – Panel Comments:

9 parts

No connection bonus will be given for directly connected single salto with turns

Neutral Deduction - Using same diagonal more than 2 times and 1 foot out

E – Panel Comments: E Panel deductions are cumulative of both E1 and E2 Judges



COMPETITION: 2021 NGJA Course

EVENT: Floor Exercise

ROUTINE NCAA #4 - OSU

Skills	Value	Element Group	Connection Bonus	Execution Deductions	Comments
Salto fwd w/ 5/2 t	E	II		0.1 prep for landing, 0.3 medium hop, .3 incomp twist	
Double salto fwd. pike, also w/ ½ t	E	II		0.1 slight leg separation, 0.3 medium hop, 0.1 prep for landing	
Salto fwd str w/ 2/1 t	D	II		0.1 feet separation	3rd pass on same diagonal
Salto fwd str, also w/ ½ t	B	II		0.1 height on salto, 0.1 medium hop	
Double salto fwd. tuck, also w/ ½ t	D	II			
Dive Roll	-	-			6th EG II
Endo	B	I			
Back Handspring	A	III			
Salto bwd str w/ 3/2 t, also w/ 2/1 t	C	III		.1 form	
Back Handspring	-	-			repetition
Arabian Double tuck or pike or double back t. or p. w/ ½ t	D	IV (III)		0.1 leg separation, 0.1 prep for landing, 0.3 medium hop	

Difficulty	D Panel	E Panel	Final Score
G =			
F =			
E = 2	Difficulty = 3.0	E1 = 2.1	
D = 3	Element Groups = 2.0	E2 = 1.7	
C = 1	Connection Bonus = N/A	E3 =	
B = 2	Presentation = 10.0	E4 =	D Panel + E Panel =
A = 1	Start Value = 15.0		

D – Panel Comments:

9 parts

No connection bonus will be given for directly connected single salto with turns

Neutral Deduction - Using same diagonal more than 2 times

E – Panel Comments: E Panel deductions are cumulative of both E1 and E2 Judges



COMPETITION: 2021 NGJA Course

EVENT: Floor Exercise

ROUTINE NCAA #5 W&M - Lillie

Skills	Value	Element Group	Connection Bonus	Execution Deductions	Comments
Arabian Double tuck or pike or double back t. or p. w/ ½ t	D	III		0.3 leg separation, 0.3 medium step, 0.1 small step, 0.3 uncontrolled landing	0.1 - 1 foot out
Front Handspring	A	II			
Salto fwd w/ 2/1 t	D	II		0.3 medium hop	
Butterfly w/ 1/1 t fwd or bwd	B	I			
Front Handspring	-	-			repetition
Salto fwd str., also w ½ t	B	II			
Salto fwd tuck w/ 1/1 t, also w/ 3/2 t	B	II		0.3 non-distinct tuck position	
back handspring	A	III			
Double Salto tuck	C	III		0.1 prep for landing, 0.1 small hop	
Salto bwd str. w/ 3/2 t, also w/ 2/1 t	C	III			
Salto fwd str. w/ 1/1 t, also w/ 3/2 t	C	II		0.1 small hop, 0.1 insufficient height	
back handspring	-	-			repetition
Salto bwd w/ 5/2 t	D	IV (III)		0.1 arm swing, 0.1 step, 0.3 leg separation	3rd Diagonal

Difficulty	D Panel	E Panel	Final Score
G =			
F =			
E =	Difficulty = 2.9	E1 = 2.5	Neutral: 0.3 + 0.1
D = 3	Element Groups = 2.0	E2 = 2.5	
C = 3	Connection Bonus = N/A	E3 =	
B = 3	Presentation = 10.0	E4 =	D Panel + E Panel =
A = 1	Start Value = 14.9		

D – Panel Comments:

9 parts

No connection bonus will be given for directly connected single salto with turns

Neutral Deduction - Using same diagonal more than 2 times and 1 foot out

E – Panel Comments: E Panel deductions are cumulative of both E1 and E2 Judges



NGJA Judges Report Form

Competition	NGJA Course Routine Eval 2021
Event	POMMEL HORSE
Level	FIG & NCAA
Judge 1 (D1/E1)	Jon Corbitt
Judge 2 (D2/E2)	Tim Michaels
Judge 3 (E3)	If Applicable
Judge 4 (E4)	If Applicable
Location	If Applicable
Dates	July 31, 2021

Overview & Event Commentary:



COMPETITION: 2021 NGJA Course

EVENT: POMMEL HORSE

ROUTINE FIG #1

Skills	Value	Element Group	Connection Bonus	Execution Deductions	Comments
Double Scissor fwd w/ Travel	C	I		0.1	Knee bend
Circle	A	II		0.1	Knee bend on pickup
SLL	D	II		0.1	Pike
LLR180	X			0.1, 1.0	Pike, Fall
Circle				0.1	Pike
Czechkehr	B	II		0.1	Pike
Pommel Loop	B	II		0.1	Pike
DSA to HS, 3/3 travel, 360 turn lower to leg cut	X			0.3, 0.1	Swing with strength, lowering of legs
½ travel bwd.	B	III		0.1	Skew
Magyar	D	III		0.1, 0.1, 0.1	Skew
Sivado	D	III		0.1, 0.1, 0.1	Skew
Front Loop	A	II			
DSA HS 3/3 travel 450 turn	E	IV		0.3, 0.1	Swing with strength, lowering of legs

Difficulty	D Panel	E Panel	Final Score
G =			
F =			
E = 1	Difficulty = 2.8	E1 = 3.7	
D = 3	Element Groups = 2.0	E2 = 3.2	
C = 1	Connection Bonus = N/A	E3 =	
B = 3	Presentation = 10.0	E4 =	D Panel + E Panel =
A = 2	Start Value = 14.8		

D – Panel Comments: Busnari elements must continue to circle or flair

E – Panel Comments: E Panel deductions are cumulative of both E1 and E2 Judges



COMPETITION: 2021 NGJA Course
EVENT: POMMEL HORSE

ROUTINE FIG #2

Skills	Value	Element Group	Connection Bonus	Execution Deductions	Comments
Reverse Scissor HS	C	I		0.1, 0.1, 0.1	Swing with strength, arch, HS angle
Circle	A	II		0.1	Height on leg cut
Sohn	E	II		0.1, 0.1	Pike, knee bend
LLSS	E	II		0.1	Pike
LLR360	E	II		0.1	Knee bend
1/3 bwd travel	A	III		0.1	Skew
Front loop	X				6 th EG II
DSA HS 3/3 travel 360 turn	X			0.1, 0.1, 0.1	Arm bend, swing with strength, lowering of legs
Sivado	D	III		0.1, 0.1, 0.1	Skew
Russian 1080	D	II			
Circle				0.1	Pike
DSA HS 3/3 travel 450 turn	E	IV		0.3, 0.1, 0.1	Arm bend, swing with strength, lowering of legs

Difficulty	D Panel	E Panel	Final Score
G =			
F =			
E = 4	Difficulty = 3.5	E1 = 2.9	
D = 2	Element Groups = 2.0	E2 = 2.1	
C = 1	Connection Bonus = N/A	E3 =	
B = 2	Presentation = 10.0	E4 =	D Panel + E Panel =
A =	Start Value = 15.5		

D – Panel Comments: Reverse Scissor Handstand new value in 2022, Busnari elements must continue to circle or flair, 9 counting skills, 6 EG II

E – Panel Comments: E Panel deductions are cumulative of both E1 and E2 Judges



COMPETITION: 2021 NGJA Course

EVENT: POMMEL HORSE

ROUTINE FIG #3

Skills	Value	Element Group	Connection Bonus	Execution Deductions	Comments
Reverse Scissor HS	C	I			
Li Ning	D	I		0.1	Swing with strength
Circle		II			
DSB	B	II		0.1	Pike
DSB		II		0.1	Pike
Circle		II		0.1	Pike
Pommel Loop	B	II		0.1	Pike
Pommel Loop		II			
LLR180	D	II		0.1	Pike
Wu	E	III			
R1080	D	II			
Roth	D	III			
Circles				0.1, 0.1	Pike
Magyar	D	III		0.1, 0.1, 0.1	Skew, knee bend
Sivado	D	III		0.1, 0.1, 0.1, 0.1	Skew, knee bend, pike
Front loop				0.1	skew
DSA HS 3/3 Travel	D	IV		0.1, 0.1	Knee bend, rhythm

Difficulty	D Panel	E Panel	Final Score
G =			
F =			
E = 1	Difficulty = 3.8	E1 = 2.0	
D = 7	Element Groups = 2.0	E2 = 1.7	
C = 1	Connection Bonus = N/A	E3 =	
B = 1	Presentation = 10.0	E4 =	D Panel + E Panel =
A =	Start Value = 15.8		

D – Panel Comments: Flop broken up by circle on the leather

E – Panel Comments: E Panel deductions are cumulative of both E1 and E2 Judges



COMPETITION: 2021 NGJA Course

EVENT: POMMEL HORSE

ROUTINE FIG #4

Skills	Value	Element Group	Connection Bonus	Execution Deductions	Comments
Reverse Scissor HS	C	I		0.1, 0.1	Swing with Strength, knee bend on pickup
½ Travel Bwd	B	III		0.1	Skew
LLR180	D	II			
Front Loop				0.1	Skew
Tong Fei	D	III			
Roth	D	III			
Russian 1080	D	II			
Front Loops				0.1	Skew
Magyar	D	III		0.1, 0.1, 0.1	Skew
Sivado	D	III		0.1, 0.1, 0.1	Skew
Pommel Loop	B	II			
DSA HS 3/3 travel 450 turn	E	IV		0.1, 0.1	Swing with strength, lowering of legs in turn

Difficulty	D Panel	E Panel	Final Score
G =			
F =			
E = 1	Difficulty = 3.6	E1 = 1.5	
D = 6	Element Groups = 2.0	E2 = 1.3	
C = 1	Connection Bonus = N/A	E3 =	
B = 2	Presentation = 10.0	E4 =	D Panel + E Panel =
A =	Start Value = 15.6		

D – Panel Comments:

E – Panel Comments: E Panel deductions are cumulative of both E1 and E2 Judges



COMPETITION: 2021 NGJA Course

EVENT: POMMEL HORSE

ROUTINE FIG #5

Skills	Value	Element Group	Connection Bonus	Execution Deductions	Comments
Reverse Scissor HS	C	I		0.3, 0.1	Swing with strength, low leg cut after
SLLSa	E	II		0.1	Pike
LLR180	D	II			
Front Loop	A	II		0.1	Skew
Tong Fei	D	III			
Front Loop				0.1	Skew
Roth	D	III		0.1, 0.1	Leg separation, pike
Front Loop x3				0.3, 0.3, 0.1, 0.1, 0.1, 0.1, 0.1	Pike x3, knee bends x2, leg separation, brushing horse
Magyar	D	III		0.1, 0.1, 0.1	
Sivado	D	III		0.1, 0.1, 0.1	
Pommel Loop	B	II			
DSA HS 3/3 Travel	D	IV			

Difficulty	D Panel	E Panel	Final Score
G =			
F =			
E = 1	Difficulty = 3.5	E1 = 2.2	
D = 6	Element Groups = 2.0	E2 = 2.6	
C = 1	Connection Bonus = N/A	E3 =	
B = 1	Presentation = 10.0	E4 =	D Panel + E Panel =
A = 1	Start Value = 15.5		

D – Panel Comments:

E – Panel Comments: E Panel deductions are cumulative of both E1 and E2 Judges



COMPETITION: 2021 NGJA Course

EVENT: POMMEL HORSE

ROUTINE NCAA #1

Skills	Value	Element Group	Connection Bonus	Execution Deductions	Comments
Double Scissor w/ travel	C	I		0.1, 0.1, 0.1, 0.1	Knee bend, brushing horse, leg cut height
Double Scissor	B	I		0.1	Knee bend
Circles	A	II		0.1	Leg separation
Czechkehr	B	II		0.1	Pike
Circle					
DSA	B	II		0.1, 0.1	Pike, leg separation
Circles				0.1	Pike
½ Travel Bwd	B	III		0.3, 0.1	Skew, leg separation
Front Loop	A	II		0.1	Skew
DSA HS 3/3 Travel	X	IV		0.5, 0.3, 0.1	Hitting horse, swing with strength, knee bend

Difficulty	D Panel	E Panel	Final Score
G =			
F =			
E =	Difficulty = 1.3	E1 = 2.1	
D =	Element Groups = 1.5	E2 = 2.4	
C = 1	Connection Bonus = N/A	E3 =	
B = 4	Presentation = 7.0	E4 =	D Panel + E Panel =
A = 2	Start Value = 9.8		

D – Panel Comments: No credit on dismount for hitting horse, short routine -3.0

E – Panel Comments: E Panel deductions are cumulative of both E1 and E2 Judges



COMPETITION: 2021 NGJA Course
EVENT: POMMEL HORSE

ROUTINE NCAA #2

Skills	Value	Element Group	Connection Bonus	Execution Deductions	Comments
Scissor	A	I		0.1	Flexed Feet
Circle x2				0.1, 0.1	Pike
LLS	D	II		0.1	Pike
Circle				0.1	Pike
DSB	B	II		0.1	Pike
LLR180	D	II		0.1, 0.1	Knee bend, pike
Back Loop				0.1	Skew
Wu	E	III			
Front Loop				0.1	Skew
Magyar	D	III		0.1, 0.1, 0.1	Skew
Sivado	D	III		0.1, 0.1, 0.1, 0.1	Skew, Pike
Pommel Loop	B	II			
Czechkehr	B	II		0.1	Pike
DSA HS 3/3 travel	X	IV		0.5, 0.3	Hitting horse, swing with strength

Difficulty	D Panel	E Panel	Final Score
G =			
F =			
E = 1	Difficulty = 2.8	E1 = 2.3	
D = 4	Element Groups = 1.5	E2 = 2.6	
C =	Connection Bonus = N/A	E3 =	
B = 3	Presentation = 10.0	E4 =	D Panel + E Panel =
A = 1	Start Value = 14.3		

D – Panel Comments: No credit on dismount for hitting horse

E – Panel Comments: E Panel deductions are cumulative of both E1 and E2 Judges



COMPETITION: 2021 NGJA Course

EVENT: POMMEL HORSE

ROUTINE NCAA #3

Skills	Value	Element Group	Connection Bonus	Execution Deductions	Comments
Double Scissor w/ travel	C	I		0.1, 0.1	Knee bend, brushing horse
Circles	A	II		0.1	Knee bend on pickup
LLSS	E	II		0.1	Pike
Circle					
LLR360	E	II		0.1	Knee bend
Tong Fei	D	III			
Circle				0.1	Pike
Roth	D	III		0.1, 0.1	Pike, rhythm
Circles				0.1, 0.1, 0.1, 0.1	Pike x2, knee bend, leg separation
Sivado	D	III		0.1, 0.1, 0.1, 0.1	Skew, Pike
Front Loop	A	II		0.1	Pike
Pommel Loop	B	II		0.1	Pike
DSA HS 3/3 Travel	D	IV		0.1	Swing with strength

Difficulty	D Panel	E Panel	Final Score
G =			
F =			
E = 2	Difficulty = 3.3	E1 = 2.1	
D = 4	Element Groups = 2.0	E2 = 1.9	
C = 1	Connection Bonus = N/A	E3 =	
B = 1	Presentation = 10.0	E4 =	D Panel + E Panel =
A = 2	Start Value = 15.3		

D – Panel Comments:

E – Panel Comments: E Panel deductions are cumulative of both E1 and E2 Judges



COMPETITION: 2021 NGJA Course
EVENT: POMMEL HORSE

ROUTINE NCAA #4

Skills	Value	Element Group	Connection Bonus	Execution Deductions	Comments
Mikulak	D	I		0.1, 0.1, 0.1	Knee bend, height, brushing horse
Double Scissor w/ travel	C	I		0.1, 0.1	Knee bend, brushing horse
Circle	A	II			
Czechkehr	B	II		0.1	Leg separation
LLS	D	II		0.1, 0.1	Leg separation, pike
Circles				0.1	Pike
Tong Fei	D	III		0.1, 0.1	Pike, leg separation
Circles				0.1, 0.1, 0.1, 0.1	Pike, leg separation
½ Travel bwd	B	III		0.1	Skew
Front Loop	A	II			
Pommel Loop	B	II			
DSA HS 3/3 Travel	D	IV		0.3, 0.1	Swing with strength, lowering legs

Difficulty	D Panel	E Panel	Final Score
G =			
F =			
E =	Difficulty = 2.7	E1 = 1.9	
D = 4	Element Groups = 2.0	E2 = 2.0	
C = 1	Connection Bonus = N/A	E3 =	
B = 3	Presentation = 10.0	E4 =	D Panel + E Panel =
A = 2	Start Value = 14.7		

D – Panel Comments:

E – Panel Comments: E Panel deductions are cumulative of both E1 and E2 Judges



COMPETITION: 2021 NGJA Course
EVENT: POMMEL HORSE

ROUTINE NCAA #5

Skills	Value	Element Group	Connection Bonus	Execution Deductions	Comments
Mikulak	D	I		0.1, 0.1, 0.1	Brushing apparatus, flexed feet, rhythm
Double Scissor w Travel	C	I		0.1, 0.1	Knee bend, leg cut height
LLS	D	II		0.1	pike
Circle					
LLR180	D	II		0.1, 0.1	Knee bend, pike
Circle					
Czechkehr	B	II			
DSA	B	II		0.1, 0.1	Pike, brushing horse
Circle				0.1	Pike
DSB	B	II			
Magyar	D	III		0.1, 0.1, 0.1	Skew, knee bend
Sivado	D	III		0.1, 0.1, 0.1	Skew
DSA HS 3/3 Travel	D	IV		0.1	Flexed feet

Difficulty	D Panel	E Panel	Final Score
G =			
F =			
E =	Difficulty = 3.3	E1 = 2.2	
D = 6	Element Groups = 2.0	E2 = 1.8	
C = 1	Connection Bonus = N/A	E3 =	
B = 3	Presentation = 10.0	E4 =	D Panel + E Panel =
A =	Start Value = 15.3		

D – Panel Comments:

E – Panel Comments: E Panel deductions are cumulative of both E1 and E2 Judges



NGJA Judges Report Form

Competition	NGJA Course Routine Eval 2021
Event	RINGS
Level	FIG & NCAA
Judge 1 (D1/E1)	Mike Juszczuk
Judge 2 (D2/E2)	Andy Brown
Judge 3 (E3)	If Applicable
Judge 4 (E4)	If Applicable
Location	If Applicable
Dates	July 31, 2021

Overview & Event Commentary:



COMPETITION: 2021 NGJA Course

EVENT: RINGS

ROUTINE FIG #1

Skills	Value	Element Group	Connection Bonus	Execution Deductions	Comments
Slow inlocate from hang	A	I			
Kip to L	B	III		0.3,0.1,0.3	Arm bend, unsteadiness on L support, short hold
Support scale straddled	A	II		0.1	Hip angle
Swing fwd. with straight arms to hdst	C	I		0.1, 0.3	Unsteadiness, short hold
Double salto fwd. piked to hang	D	I		0.1	Arm bend
Double salto fwd. tucked to hang.	C	I		0.1	Arm bend
Uprise bwd. to straddled L-sit	B	I		0.3, 0.3	Arm bend during uprise backward, arms on straps
Press to hdst. with b. body. a. str. arms	B	II		0.1	Body correction
Double salto bwd. with 3/2 t.	D	IV		0.3,0.1, .03	Hop, foot slide, prep for landing

Difficulty	D Panel	E Panel	Final Score
G =			
F =			
E =	Difficulty = 2.2	E1 = 2.3	
D = 2	Element Groups = 2.0	E2 = 2.5	
C = 2	Connection Bonus = N/A	E3 =	
B = 3	Presentation = 10.0	E4 =	D Panel + E Panel = 11.8
A = 2	Start Value = 14.2		

D – Panel Comments: 9 counting parts

E – Panel Comments: E Panel deductions are cumulative of both E1 and E2 Judges



COMPETITION: 2021 NGJA Course
EVENT: RINGS

ROUTINE FIG #2

Skills	Value	Element Group	Connection Bonus	Execution Deductions	Comments
Uprise bwd. to support scale straddled	B	III		0.1,0.1,0.5 (0.3)	Arm bend, body line, hip bend 31-45 degrees
L-sit	A	II			
Press to hdst. with b. body. a. str. arms	B	II		0.1,0.1	Arm bend, Body
Swing fwd. with straight arms to hdst	C	I		0.1	Body
Double salto fwd. piked to hang	D	I		0.1, 0.1	Toes, leg separation
Double salto fwd. tucked to hang	C	I		0.1 0.1	Body leg separation
Uprise bwd. or giant swing to handstand with straight arms	C	I		0.1,0.1	Arm bend, body
Swing fwd. with straight arms through hdst	B	I			
Double salto bwd. with 2/1 t.	E	IV		0.1,0.3	Lack of prep, step

Difficulty	D Panel	E Panel	Final Score
G =			
F =			
E = 1	Difficulty = 2.5	E1 = 1.7	
D = 1	Element Groups = 2.0	E2 = 1.8	
C = 3	Connection Bonus = N/A	E3 =	
B = 3	Presentation = 10.0	E4 =	D Panel + E Panel = 12.75
A = 1	Start Value = 14.5		

D – Panel Comments: 9 counting skills

E – Panel Comments: E Panel deductions are cumulative of both E1 and E2 Judges



COMPETITION: 2021 NGJA Course

EVENT: RINGS

ROUTINE FIG #3

Skills	Value	Element Group	Connection Bonus	Execution Deductions	Comments
Back kip to support scale at ring height	E	III		0.1,0.1	false grip, high shoulder angle
Uprise bwd. to cross	C	III		0.1,0.1	False grip, high entry
From cross, press to planche without first going to support	D	II			
Uprise bwd. or giant swing to handstand with straight arms	C	I		0.1,0.1	Arm bend, body correction
Double salto fwd. piked to hang	D	I		0.1,0.1,0.1	Arm bend, knee bend, support
Uprise bwd. to sup. scale at ring height	X	III		0.1,0.1	High shoulder line, false grip
From or through hanging scale rearways, with straight arms pull to cross	D	II			
Uprise bwd. to support scale	D	III		0.1,0.1	Arm bend, body
Uprise bwd. or giant swing to handstand with straight arms	C	I		0.1,0.1	Body adjustment
Double salto bwd. stretched with 1/1 t.	D	IV		0.1, 0.3	Pike, hop

Difficulty	D Panel	E Panel	Final Score
G =			
F =			
E = 1	Difficulty = 3.4	E1 = 1.8	
D = 5	Element Groups = 2.0	E2 = 1.9	
C = 3	Connection Bonus = N/A	E3 =	
B = 0	Presentation = 10.0	E4 =	D Panel + E Panel = 13.55
A = 0	Start Value = 15.4		

D – Panel Comments: maximum of 1 final strength position in each EG may be recognized for difficulty. 9 counting skills.

E – Panel Comments: E Panel deductions are cumulative of both E1 and E2 Judges



COMPETITION: 2021 NGJA Course

EVENT: RINGS

ROUTINE FIG #4

Skills	Value	Element Group	Connection Bonus	Execution Deductions	Comments
Back kip to cross	C	III		0.1, 0.1	False grip, high entry
Double salto fwd. tucked to hang.	C	I		0.1, 0.3	Arm bend, support
Uprise bwd. to cross	X	III		0.1, 0.1, 0.3, 0.1	False grip, high entry, short hold, hold of non-listed part for more than 2 seconds
Uprise bwd. or giant swing to handstand with straight arms	C	I		0.1, 0.1, 0.3	Body corrections, arm bend
Swing fwd. with straight arms to hdst	C	I		0.1, 0.3	Body correction, short hold
Double salto fwd. piked to hang	D	I		0.1	Arm bend
Uprise bwd. to support.	X	I			
L-sit	A	II			
Press to hdst. with bent body and bent arms	A	II		0.3	Arms on straps
Swing fwd. with straight arms through hdst	B	I			
Double salto bwd. with 2/1 t.	E	IV		0.1, 0.3	Lack of preparation, hop

Difficulty	D Panel	E Panel	Final Score
G =			
F =			
E = 1	Difficulty = 2.5	E1 = 2.8	
D = 1	Element Groups = 2.0	E2 = 2.3	
C = 4	Connection Bonus = N/A	E3 =	
B = 1	Presentation = 10.0	E4 =	D Panel + E Panel = 11.95
A = 2	Start Value = 14.5		

D – Panel Comments:

Maximum of 1 final strength position in each EG may be recognized for difficulty; Can't count uprise backward too many EG 1

E – Panel Comments: E Panel deductions are cumulative of both E1 and E2 Judges



COMPETITION: 2021 NGJA Course

EVENT: RINGS

ROUTINE FIG #5

Skills	Value	Element Group	Connection Bonus	Execution Deductions	Comments
Uprise bwd. to sup. scale at ring height	E	III		0.3, 0.1, 0.1	High entry, body, false grip
From or through hanging scale rearways, with straight arms pull to cross	D	II		0.1	Hold of non-listed part for more than 2 seconds
Uprise bwd. to support scale straddled	B	III		0.1,0.1	Entry, hip break
From any support scale, swallow or Swing bwd in support, fall to bwd swing in hang	A	I			
Inlocate piked or stretched	X	I			
Double salto fwd. tucked to hang.	C	I			
Double salto fwd. piked to hang	D	I		0.1	Arm bend
Uprise bwd. to support	X	I			
L-sit	X	II			
Press to hdst. with b. body. a. str. arms	B	II		0.1	Body correction
Swing fwd. with straight arms to hdst	C	I		0.3,0.1,0.3	Arms on straps, arm bend, lowering of body
Swing fwd. with straight arms through hdst	B	I			
Double salto bwd. with 2/1 t.	E	IV		0.3,0.1	Step, foot slide

Difficulty	D Panel	E Panel	Final Score
G =			
F =			
E = 2	Difficulty = 3.1	E1 = 2.0	
D = 2	Element Groups = 2.0	E2 = 2.1	
C = 2	Connection Bonus = N/A	E3 =	
B = 3	Presentation = 10.0	E4 =	D Panel + E Panel = 13.05
A = 1	Start Value = 15.1		

D – Panel Comments:

E – Panel Comments: E Panel deductions are cumulative of both E1 and E2 Judges



COMPETITION: 2021 NGJA Course

EVENT: RINGS

ROUTINE NCAA #1

Skills	Value	Element Group	Connection Bonus	Execution Deductions	Comments
Kip to support	X	I		0.1	Arm bend
Support scale at ring height	D	II		0.3	High shoulder position
Uprise bwd. to sup. scale at ring height	E	III		0.3	High shoulder position
From or through hanging scale rearways, with straight arms pull to cross	D	II			
Inlocate piked or stretched	X	I			
Double salto fwd. tucked to hang.	C	I		0.1,0.1	Arm bend, support
Double salto fwd. piked to hang	D	I		0.1,0.1,0.3	Arm bend, knees, support
Uprise bwd. to support scale straddled	X	II		0.1, 0.5	Arm bend, hip bend greater than 45 degrees (no credit)
L-sit	A	II			
Swing bwd in support, fall to bwd swing in hang.	X	I			
Uprise bwd. or giant swing to handstand with straight arms	C	I		0.1,0.1	Arm bend, body control
Swing fwd. with straight arms to hdst	C	I		0.1	Body control
Swing fwd. with straight arms through hdst	B	I		0.1,0.1	Knee bend, unsteadiness
Double salto bwd. piked.	B	IV			

Difficulty	D Panel	E Panel	Final Score
G =			
F =			
E = 1	Difficulty = 3.1	E1 = 2.4	
D = 3	Element Groups = 1.8	E2 = 2.5	
C = 3	Stick Bonus = N/A	E3 =	
B = 2	Presentation = 10.0	E4 =	D Panel + E Panel = 12.45
A = 1	Start Value = 14.9		

D – Panel Comments: Did not award stick bonus as you must perform C or higher dismount

E – Panel Comments: E Panel deductions are cumulative of both E1 and E2 Judges



COMPETITION: 2021 NGJA Course

EVENT: RINGS

ROUTINE NCAA #2

Skills	Value	Element Group	Connecti on Bonus	Execution Deductions	Comments
Uprise bwd. to cross	C	III		0.1, 0.1	False grip, high entry
Uprise bwd. to support scale straddled	B	III		0.1, 0.3	High entry, hip angle
Cross	B	II		0.1	False grip
Uprise bwd. or giant swing to handstand with straight arms	C	I		0.1	Body control
Double salto fwd. piked to hang	D	I		0.1, 0.1, 0.1	Leg separation, arm bend, support
Double salto fwd. tucked to hang.	C	I		0.1, 0.1	Arm bend, support
Uprise bwd. to straddled L-sit	B	I			
Press to hdst. with b. body. a. str. arms	B	II		0.1	Body control
Swing fwd. with straight arms to hdst	C	I		0.1	Body control
Double salto bwd. with 3/2 t.	D	IV		0.3, 0.1	Hop, landing prep

Difficulty	D Panel	E Panel	Final Score
G =			
F =			
E =	Difficulty = 2.8	E1 = 1.6	
D = 2	Element Groups = 2.0	E2 = 1.8	
C = 4	Connection Bonus = N/A	E3 =	
B = 4	Presentation = 10.0	E4 =	D Panel + E Panel = 13.1
A =	Start Value = 14.8		

D – Panel Comments:

E – Panel Comments: E Panel deductions are cumulative of both E1 and E2 Judges



COMPETITION: 2021 NGJA Course

EVENT: RINGS

ROUTINE NCAA #3

Skills	Value	Element Group	Connection Bonus	Execution Deductions	Comments
Uprise bwd. to support scale	D	III		0.1, 0.3, 0.1	Body angle, Hold of non-listed part for more than 2 seconds
Uprise bwd. or giant swing to handstand with straight arms	C	I		0.1	Body control
Double salto fwd. piked to hang	D	I		0.1, 0.1	Arm bend
Double salto fwd. tucked to hang.	C	I		0.1, 0.1	Arm bend
Uprise bwd. to straddled L-sit	B	I		0.1	Control
Support scale straddled	A	II		0.1, 0.1	Body line, hip angle
Swing fwd. with straight arms to hdst	C	I		0.1, 0.1	Arm bend, body control
Double salto bwd. with 3/2 t.	D	IV		0.3, 0.1	Hop, landing prep

Difficulty	D Panel	E Panel	Final Score
G =			
F =			
E =	Difficulty = 2.4	E1 = 1.9	
D = 3	Element Groups = 2.0	E2 = 1.8	
C = 3	Connection Bonus = N/A	E3 =	
B = 1	Presentation = 10.0	E4 =	D Panel + E Panel = 12.55
A = 1	Start Value = 14.4		

D – Panel Comments: Shoulder was completely above the Ring on uprise backward to support scale. 8 counting skills.

E – Panel Comments: E Panel deductions are cumulative of both E1 and E2 Judges



COMPETITION: 2021 NGJA Course
EVENT: RINGS

ROUTINE NCAA #4

Skills	Value	Element Group	Connection Bonus	Execution Deductions	Comments
Slow inlocate from hang	X	I			
Backward swing to salto fwd. p. to support	B	I		0.1	Arm bend,
Support scale straddled	A	II		0.1,0.1	Body line, hip angle
Double salto fwd. tucked to hang.	C	I		0.1	Arm bend,
Double salto fwd. piked to hang	D	I		0.1,0.3	Arm bend, support
Uprise bwd. to support scale straddled	B	III		0.1,0.1,0.5	Arm bend, high entry, hip angle
L-sit	A	II			
Press to hdst. with bent body and bent arms	B	II		0.1, 0.3	Arm bend, arms on straps
Uprise bwd. or giant swing to handstand with straight arms	C	I		0.1,0.1	Arm bend, body control
Swing fwd. with straight arms to hdst	C	I		0.1,0.1,0.3	Body control, arm bend, short hold
Double salto bwd. stretched with 1/1 t	D	IV		0.5,0.3	Pike, step

Difficulty	D Panel	E Panel	Final Score
G =			
F =			
E =	Difficulty = 2.5	E1 = 3.0	
D = 2	Element Groups = 2.0	E2 = 3.4	
C = 3	Connection Bonus = N/A	E3 =	
B = 3	Presentation = 10.0	E4 =	D Panel + E Panel = 11.3
A = 2	Start Value = 14.5		

D – Panel Comments:

E – Panel Comments: E Panel deductions are cumulative of both E1 and E2 Judges



COMPETITION: 2021 NGJA Course
EVENT: RINGS

ROUTINE NCAA #5

Skills	Value	Element Group	Connection Bonus	Execution Deductions	Comments
Uprise bwd. to sup. scale at ring height	E	III		0.1, 0.3	Entry
Kip to support	A	I		0.1	Arm bend
Support scale at ring height	D	II		0.1, 0.3	Body, short hold
Kip to support	X			0.1	Arm bend
Support scale	C	II		0.1,0.1,0.1	Body, hold position, Hold of non-listed part for more than 2 seconds
Double salto fwd. piked to hang	D	I		0.1,0.1	Toes, support
Uprise bwd. to support scale straddled	B	III		0.1,0.5	Entry, Hip angle between 31-45 degrees
From any support scale, fall to bwd swing in hang.	X	I			
Double salto fwd. tucked to hang.	C	I			
Uprise bwd. to cross	C	III		0.1,0.1	False grip, Hold of non-listed part for more than 2 seconds
Uprise bwd. or giant swing to handstand with straight arms	C	I		0.1,0.1	Body
Swing fwd. with straight arms through hdst	B	I			
Double salto bwd. with 2/1 t.	E	IV		0.3, 0.1	Hop, landing prep

Difficulty	D Panel	E Panel	Final Score
G =			
F =			
E = 2	Difficulty = 3.4	E1 = 2.8	
D = 2	Element Groups = 2.0	E2 = 2.5	
C = 4	Connection Bonus = N/A	E3 =	
B = 2	Presentation = 10.0	E4 =	D Panel + E Panel = 12.75
A = 0	Start Value = 15.4		

D – Panel Comments: Uprise backward to support scale straddled was questionable.

E – Panel Comments: E Panel deductions are cumulative of both E1 and E2 Judges

Day	Athlete #	Vault #	Vault Name	Start Value	Pre flight form	On Table	Height	2nd flight	Prep for Landing	Twist Completi on	Landing	Sub Total	Neutral Line	Total Deductions	Final Score
1	FIG														
	1	274	Tsuk 2/1 stretch	4.8	0.3	0.1	0.1	0.3	0.3		0.1	1.2		1.20	13.60
	2	275	tsuk 5/2 stretch	5.2	0.3	0.1	0.1	0.3	0.3	0.1	0.4	1.6		1.60	13.60
	3	276	Tsuk 3/1 stretch	5.6	0.3	0.1	0.1	0.3	0.3	0.5	0.4	2		2.00	13.60
	4	274	Tsuk 2/1 stretch	4.8	0.1		0.1	0.1	0.1	0	0.5	0.9		0.90	13.90
	5	275	tsuk 5/2 stretch	5.2	0.3	0.1	0.1	0.3			0.3	1.1		1.10	14.10
												0			
	NCAA											0			
	1	1:02	274	Tsuk 2/1 stretch	4.8	0.1	0.1	0.3	0.3		0.3	1.5		1.50	13.30
	2		374	Yurchenko 2/1 Stretch	4.8	0.1		0.1	0.1		0.1	0.6		0.60	14.20
	3		274	Tsuk 2/1 stretch	4.8	0.3	0.1	0.3	0.1	0.1	0.3	1.5		1.50	13.30
	4		374	Yurchenko 2/1 Stretch	4.8	0.1	0.1	0.3	0.2		0.5	1.2		1.20	13.60
	5		272	Tsuk 1/1 Stretch	4.0	0.3	0.1	0.3	0.3		0.1	1.3		1.30	12.70



NGJA Judges Report

2021 National Course

EVENT
Parallel Bars

FIG Routines



NGJA Judges Report Form Routine Analysis

COMPETITION: 2021 National Course - FIG Routines
EVENT: Parallel Bars
ATHLETE: 1

Skills	Value	Element Group	Connection Bonus	Execution Deductions	Comments
Basket to HS	D	3		0.1, 0.1, 0.1	Form, Angle, Position
Giant ¼ to Makuts	F	3		0.1, 0.1	Form
Cast	A	1			
Honma to support	D	2		0.1	Rhythm
Swing HS	A	1		0.1	Hand Adjustment
Makuts	E	1		0.1	Form
Swing HS	A	1		0.1, 0.3	Balance check, short hold
Healy	D	1		0.1	Form
Swing HS	A	1			
Moy straight leg	C	3			
Swing HS Pirouette	A	1			
Bhavsar	E	3		0.1, 0.1	Form, Angle
Glide kip	A	3			
Swing Pirouette	A	1			
Tippelt	D	3		0.1, 0.1	Form, Hand Adjustment (before Stutz)
Stutz	C	1			
Front rise	A	2			
Double Front ½ turn tucked	E	4		0.3, 0.1, 0.1, 0.1	Landing, Form

Difficulty	D Panel	E Panel	Final Score
G =			
F = 1			
E = 3	Difficulty = 4.3	E1 = 1.8	
D = 4	Element Groups = 2.0	E2 = 2.1	
C = 2	Connection Bonus = N/A	E3 =	
B =	Presentation = 10.0	E4 =	D Panel + E Panel = 14.35
A =	Start Value = 6.3		

D – Panel Comments:

E – Panel Comments: E Panel deductions are cumulative of both E1, E2, E3 and E4 Judges



NGJA Judges Report Form
Routine Analysis

COMPETITION: 2021 National Course - FIG Routines

EVENT: Parallel Bars

ATHLETE: 2

Skills	Value	Element Group	Connection Bonus	Execution Deductions	Comments
Cast to upper arm		3			
Honma to support	D	2		0.1, 0.1	Form, Support
HS				0.3	Position, Support
Pirouette					
Basket to 1 Bar	E	3		0.1, 0.1, 0.3	Position, Form Body Deviation
Healy	E	1		0.1	Form
Swing HS				0.3	Short hold
Healy	D	1			
Swing HS					
Pirouette Reverse					
Basket to HS	D	3		0.1, 0.1, 0.1	Position, Form
Moy Straight Legs	C	3		0.1, 0.1	Form, Arm Bend
Swing HS				0.1, 0.1	Form, Angle
Pirouette					
Tippelt	D	3		0.3, 0.1	Form, Position
Diamidov	C	1		0.1	Form
Stutz	C	1		0.1, 0.1	Form, Angle
Front Rise					
Double Front Tuck	E	4		0.1, 0.1	Landing, Form

Difficulty	D Panel	E Panel	Final Score
G =			
F =			
E = 3	Difficulty = 4.0	E1 = 2.5	
D = 4	Element Groups = 2.0	E2 = 2.7	
C = 3	Connection Bonus = N/A	E3 =	
B =	Presentation = 10.0	E4 =	D Panel + E Panel = 13.4
A =	Start Value = 6.0		

D – Panel Comments:

E – Panel Comments: E Panel deductions are cumulative of both E1, E2, E3 and E4 Judges



COMPETITION: 2021 National Course - FIG Routines

EVENT: Parallel Bars

ATHLETE: 2

Skills	Value	Element Group	Connection Bonus	Execution Deductions	Comments
Cast to upper arm		3			
Honma to support	D	2		0.1, 0.1	Form, Support, Bent arms
HS				0.1	Position
Pirouette					
Basket ½ turn	E	3		0.1, 0.3, 0.1	Angle, Form
Basket	D	3		0.3, 0.1, 0.1	Angle, Form
Giant ½ turn to upper arm support	D	3		0.3, 0.1	Regrasp, Form
Front Rise				0.1	Position
Swing HS					
Diamidov	C	1		0.1	Form
Moy Straight legs	C	3			
Swing HS					
Pirouette					
Tippelt	D	3		0.1	Rhythm
Healy	D	1		0.1	Form
Swing Pirouette					
Stutz	C	1		0.1, 0.1	Form, Angle
Front uprise					
Double Front Tucked	E	4		0.1, 0.1, 0.1	Landing, Form, Step

Difficulty	D Panel	E Panel	Final Score
G =			
F =			
E = 2	Difficulty = 3.9	E1 = 2.3	
D = 5	Element Groups = 2.0	E2 = 2.0	
C = 3	Connection Bonus = N/A	E3 =	
B = 0	Presentation = 10.0	E4 =	D Panel + E Panel = 13.75
A = 0	Start Value = 5.9	8.4	

D – Panel Comments:

E – Panel Comments: E Panel deductions are cumulative of both E1, E2, E3 and E4 Judges



COMPETITION: 2021 National Course - FIG Routines

EVENT: Parallel Bars

ATHLETE: 4

Skills	Value	Element Group	Connection Bonus	Execution Deductions	Comments
Front rise Straddle Cut back to HS	B	2		0.1, 0.1	Form, Position
Healy	D				
Swing HS					
Basket to HS	D	3		0.3	Angle
Giant HS	C	3			
Diamidov	C	1		0.1	Form
Front rise	A	2			
Front Straddle to upper arm	D	1		0.1, 0.1, 0.3	Position, Form, Regrasp
Front rise					
Swing HS	A	1		0.1	Hands
Pirouette				0.1	Position
Tippelt	D			0.1, 0.1	Form, Angle, Rhythm
Double back Piked	D	4		0.3, 0.3, 0.1, 0.1, 0.1	Landing, Position, Steps

Difficulty	D Panel	E Panel	Final Score
G =			
F =			
E =	Difficulty = 3.0	E1 = 2.1	
D = 5	Element Groups = 2.0	E2 = 2.1	
C = 2	Connection Bonus = N/A	E3 =	
B = 1	Presentation = 10.0	E4 =	D Panel + E Panel = 12.9
A = 2	Start Value = 5.0		

D – Panel Comments:

E – Panel Comments: E Panel deductions are cumulative of both E1, E2, E3 and E4 Judges



COMPETITION: 2021 National Course - FIG Routines

EVENT: Parallel Bars

ATHLETE: 5

Skills	Value	Element Group	Connection Bonus	Execution Deductions	Comments
Cast		3			
Honma to Support	D	2			
Swing HS		1		0.1	Position
Basket ½ turn to HS	E	3		0.1, 0.1	Form, Angle
Basket to HS	D	3		0.1, 0.1	Form, Position
Giant Double Back Tuck	D	3		0.3, 0.1	Regrasp, Form
Front rise					
Swing HS					
Front rise					
Front Straddle cut to upper arm	D	1		0.1, 0.1, 0.3	Form, Rhythm. Regrasp
Front rise					
Swing HS				0.1	Position (I didn't have this)
Pirouette					
Bhavsar	E	3		0.1, 0.1	Angle, Position, Form
Glide support					
L Seat				0.1	Position
Press HS	B	1			
Pirouette					
Tippelt	D	3		0.1, 0.1	Angle, Rhythm, Form
Healy	D	1		0.1	Form
Swing HS				0.1	Hand Adjustment
Double Back Pike	D	4		0.3, 0.1	Landing, Form

Difficulty	D Panel	E Panel	Final Score
G =			
F =			
E = 2	Difficulty = 4.0	E1 = 2.1	
D = 7	Element Groups = 2.0	E2 = 2.1	
C = 0	Connection Bonus = N/A	E3 =	
B = 1	Presentation = 10.0	E4 =	D Panel + E Panel = 13.9
A =	Start Value = 6.0		

D – Panel Comments:

E – Panel Comments: E Panel deductions are cumulative of both E1, E2, E3 and E4 Judges

NCAA Routines



NGJA Judges Report Form Routine Analysis

COMPETITION: 2021 National Course - NCAA Routines

EVENT: Parallel Bars

ATHLETE: 1

Skills	Value	Element Group	Connection Bonus	Execution Deductions	Comments
Side glide straddle to HS	B	3		0.1, 0.1, 0.1	Form, Position
Cast to upper arm				0.1, 0.1	Form
Honma to support	D	2		0.1, 0.1	Form, Angle
Swing to HS				0.1, 0.1, 0.3	Form, Hands, Short Hold
Healy to support	D	1		0.1, 0.1	Rhythm, Form
Swing to HS					
Healy to upper arm	B	1			
Back rise straddle cut	B	2		0.1	Form
Swing Pirouette					
Front rise					
Front straddle cut to upper arm support	D	1		0.1, 0.1	Regrasp, Form
Front rise				0.1	Form
Swing HS					
Stutz	C	1		0.1, 0.1, 0.1	Position, Angle
Basket to support	B	3			
L Seat					
Press to HS	B	1		0.1, 0.1	Form
Double back piked	D	4		0.1, 0.1, 0.1	Landing, Form

Difficulty	D Panel	E Panel	Final Score
G =			
F =			
E =	Difficulty = 2.9	E1 = 2.3	
D = 4	Element Groups = 2.0	E2 = 2.5	
C = 1	Connection Bonus = N/A	E3 =	
B = 5	Presentation = 10.0	E4 =	D Panel + E Panel = 12.2
A =	Start Value = 4.9		

D – Panel Comments:

E – Panel Comments: E Panel deductions are cumulative of both E1, E2, E3 and E4 Judges



NGJA Judges Report Form
Routine Analysis

COMPETITION: 2021 National Course - NCAA Routines

EVENT: Parallel Bars

ATHLETE: 2

Skills	Value	Element Group	Connection Bonus	Execution Deductions	Comments
Glide					
L Seat	A	1			
Press HS	B	1			
Basket to HS	D	4		0.1, 0.1, 0.1	Form, Arm bend, Position
Bhavsar	E			0.1, 0.1, 0.1, 0.3	Regrasp, Form Shoulder Angle, Knee Bend, Body Position
Glide				0.1	Form
Swing Pirouette	A	1		0.1, 0.1	Position, Form
Tippelt	D	3		0.1, 0.1	Form, HS Position
Giant	C	3			
Giant ½ turn to upper arm support	D	3		0.3, 0.1	Regrasp, Form
Front uprise	A	2		0.1	Form
Swing HS				0.1, 0.1	Form, Arms
Double Back Pike	D	4		0.3, 0.1, 0.1, 0.1	Landing, Form, Height

Difficulty	D Panel	E Panel	Final Score
G =			
F =			
E = 1	Difficulty = 2.9	E1 = 2.0	
D = 4	Element Groups = 2.0	E2 = 2.2	
C = 1	Connection Bonus = N/A	E3 =	
B=1	Presentation = 10.0	E4 =	D Panel + E Panel = 12.8
A = 3	Start Value = 4.9		

D – Panel Comments:

E – Panel Comments: E Panel deductions are cumulative of both E1, E2, E3 and E4 Judges



COMPETITION: 2021 National Course - NCAA Routines

EVENT: Parallel Bars

ATHLETE: 3

Skills	Value	Element Group	Connection Bonus	Execution Deductions	Comments
Basket to support	B	3			
L Seat	A	1			
Press HS	B	1			
Basket to HS	D	3		0.3, 0.1	Angle, Form
Giant	C	3		0.1, 0.1	Form, Position
Front rise	A	2		0.1	Form
Front Straddle to upper arm support	D	1		0.1	Position
Front rise					
Swing HS Pirouette				0.1, 0.1, 0.1	Form, Angle, Hand adjustment
Moy legs together	C	3		0.1	Form, Arm bend
Swing HS				0.1, 0.1	Angle, Form
Healy support	D	1		0.1	Form – Leg Separation
Swing HS				0.1, 0.1, 0.1	Form, Hand Adjustment
Double Back Pike	D	4		0.1	Stick, Form

Difficulty	D Panel	E Panel	Final Score
G =			
F =	Stick Bonus = 0.1		
E =	Difficulty = 2.8	E1 = 1.7	
D = 4	Element Groups = 2.0	E2 = 1.8	
C = 2	Connection Bonus = N/A	E3 =	
B = 2	Presentation = 10.0	E4 =	D Panel + E Panel = 13.15
A = 2	Start Value = 4.9		

D – Panel Comments:

E – Panel Comments: E Panel deductions are cumulative of both E1, E2, E3 and E4 Judges



COMPETITION: 2021 National Course - NCAA Routines

EVENT: Parallel Bars

ATHLETE: 4

Skills	Value	Element Group	Connection Bonus	Execution Deductions	Comments
L Seat	A	1			
Press HS	B	1			
Healy	D	1			
Swing HS	A	1		0.1	Position
Diamidov	C	1		0.1, 0.1	Form, Angle
Giant	C	3		0.3, 0.1, 0.1	Angle, Form
Basket to Support	B	3			
Cast to upper arm	A	3			
Honma to Support	D			0.1, 0.1	Arm Bend, Form
Swing backward					No Value
Layaway				0.3	Part of no value
Front rise	A	2		0.1, 0.1	Form
Swing HS				0.1, 0.1, 0.1	Form, Arm Bend, Position
Double Back Piked	D	4		0.1, 0.1	Form, Stick

Difficulty	D Panel	E Panel	Final Score
G =			
F =	Stick Bonus = 0.1		
E =	Difficulty = 2.5	E1 = 2.0	
D = 3	Element Groups = 2.0	E2 = 1.7	
C = 2	Connection Bonus = N/A	E3 =	
B = 2	Presentation = 10.0	E4 =	D Panel + E Panel = 12.75
A = 4	Start Value = 4.6		

D – Panel Comments:

E – Panel Comments: E Panel deductions are cumulative of both E1, E2, E3 and E4 Judges



COMPETITION: 2021 National Course - NCAA Routines

EVENT: Parallel Bars

ATHLETE: 5

Skills	Value	Element Group	Connection Bonus	Execution Deductions	Comments
Cast	A	3			
Honma to Support	D	2		0.3, 0.1	Form, Bend
Swing to HS	A	1		0.1, 0.1, 0.1	Form, Step
Basket to Support	B	3		0.1	Form
L Seat				0.1	Angle
Press HS	B	1		0.1	Position
Diamidov	C	1		0.1, 0.1	Form, Position
Front rise	A	2			
Swing Pirouette				0.1, 0.1, 0.1	Form, Rhythm, Angle
Cast					
Backrise HS	B	2		0.1, 0.1	Form, Rhythm
Stutz	C	1		0.3, 0.1	Angle, Form
Front rise					
Swing HS				0.3, 0.1	Short Hold, Form
Double Back Piked	D	4		0.3, 0.3, 0.1	Landing, Step, Form

Difficulty	D Panel	E Panel	Final Score
G =			
F =			
E =	Difficulty = 2.3	E1 = 2.8	
D = 2	Element Groups = 2.0	E2 = 3.0	
C = 2	Connection Bonus = N/A	E3 =	
B = 3	Presentation = 10.0	E4 =	D Panel + E Panel = 11.4
A = 3	Start Value = 4.3		

D – Panel Comments:

E – Panel Comments: E Panel deductions are cumulative of both E1, E2, E3 and E4 Judges



NGJA Judges Report Form

Competition	NGJA Course Routine Eval 2021
Event	Horizontal Bar
Level	FIG & NCAA
Judge 1 (D1/E1)	Michael Ashe
Judge 2 (D2/E2)	Amanda Stroud
Judge 3 (E3)	If Applicable
Judge 4 (E4)	If Applicable
Location	If Applicable
Dates	July 31, 2021

Overview & Event Commentary:

COMPETITION: 2021 NGJA Course
EVENT: HORIZONTAL BAR
ROUTINE FIG #1

Skills	Value	Element Group	Connection Bonus	Execution Deductions	Comments
Endo	B	III			
1/1 turn in elgrip	C	I		-0.1 angle, -0.1 foot form, -0.1 arm bend	
Giant fwd. with ½ turn	A	I		-0.1 angle, -0.1 leg form	
Giant bwd.				-0.1 hand adjustment,	
Kolman	E	II		-0.1 leg form on tap, -0.1 amplitude, -0.1 leg form on catch	
Giant bwd.	-	-		-0.1 hand adjustment	
Tkatchev stretched	D	II		-0.1 body position	
Giant bwd.	-	-			
Moznik	-	-		-0.1 amplitude, -0.1 body position and -0.1 use of strength on return to handstand	Repetition
Giant fwd. with ½ turn	-	-		-0.1 hand adjustment	
Giant bwd.	-	-		-0.1 hand adjustment	
Tkatchev	C	II		-0.1 leg form on tap, -0.1 leg form on catch	
Lynch	-	-		-0.1 amplitude, -0.1 leg form	Repetition
Giant fwd. with ½ turn	-	-			
Giant bwd. with hop and 3/2 turn to mixed grip	C	I		-0.1 angle	
Giant fwd.					
Adler	C	III			
Giant fwd. w/ ½ turn	-	-			
Giant bwd.	-	-			
Quast	C	I		-0.1 axis	
Giant bwd.	-	-		-0.1 leg form	
Double salto bwd. stretched with 2/1 turn	E	IV		-0.1 leg form on tap, -0.1 foot form, -0.1 chest low on landing	

Difficulty	D Panel	E Panel	Final Score
G =			
F =			
E = 2	Difficulty = 3.2	E1 = 2.6	
D = 1	Element Groups = 2.0	E2 = 3.0	
C = 5	Connection Bonus = N/A	E3 =	
B = 1	Presentation = 10.0	E4 =	D Panel + E Panel = 12.4
A = 1	Start Value = 15.2		

D – Panel Comments:

E – Panel Comments: E Panel deductions are cumulative of both E1 and E2 Judges

COMPETITION: 2021 NGJA Course
EVENT: HORIZONTAL BAR
ROUTINE FIG #2

Skills	Value	Element Group	Connection Bonus	Execution Deductions	Comments
Yamawaki	C	II			
Giant bwd.	A	I		-0.1 arm bend, -0.1 hand adjustment	
Cassina	-	-		-0.1 leg form on tap, -0.1 amplitude, -0.1 leg form, -1.0 fall	Non recognition
Giant bwd.	-	-			
Kolman	E	II		-0.1 leg form on tap, -0.1 leg separation	
Giant bwd.	-	-		-0.1 hand adjustment	
Tkatchev	C	II		-0.1 leg form on tap, -0.1 arm bend	
Giant bwd.	-	-		-0.1 hand adjustment	
Lynch	-	-		-0.1 leg form on tap, -0.1 arms on tap, -0.1 leg form on catch	Repetition
Giant fwd.	A	I		-0.1 use of strength	
Adler	C	III			
Giant fwd.				-0.1 hand adjustment	
Adler with ½ turn	D	III		-0.1 body position, -0.1 arm bend	
Stalder	B	III			
Quast	C	I		-0.1 angle	
Giant bwd.	-	-		-0.1 leg form	
Double salto stretched bwd. with 2/1 turn	E	IV		-0.1 leg form on tap, -0.1 foot form, -0.1 leg form, -0.1 lack of prep, -0.1 step	

Difficulty	D Panel	E Panel	Final Score
G =			
F =			
E = 2	Difficulty = 3.0	E1 = 3.5	
D = 1	Element Groups = 2.0	E2 = 4.0	
C = 4	Connection Bonus = N/A	E3 =	
B = 1	Presentation = 10.0	E4 =	D Panel + E Panel = 11.25
A = 2	Start Value = 15.0		

D – Panel Comments:

E – Panel Comments: E Panel deductions are cumulative of both E1 and E2 Judges

COMPETITION: 2021 NGJA Course
EVENT: HORIZONTAL BAR

ROUTINE FIG #3

Skills	Value	Element Group	Connection Bonus	Execution Deductions	Comments
Back uprise to handstand	A	I			
Giant fwd. with ½ turn	-	-			
Giant bwd.	-	-		-0.1 leg form	
Cassina	G	II		-0.1 leg form on tap, -0.1 body position, -0.1 amplitude, -0.1 arm bend and -0.1 leg form on catch	
Giant bwd.	-	-			
Kolman	E	II		-0.1 leg form on tap, -0.1 arms on catch	
Giant bwd.	-	-			
Moznik	D	II		-0.1 leg form on tap, -0.1 body position	
Giant fwd.	-	-			
Giant fwd. with ½ turn	-	-			
Giant bwd.	-	-			
Tkatchev stretched	-	-		-0.1 leg form on tap, -0.1 body position, -0.1 leg form on catch	Repetition
Giant bwd.	-	-			
Lynch	C	II		-0.1 leg form on tap, -0.1 leg form on catch	
Giant fwd.	-	-			
Adler with 1/1 turn to undergrip	E	III		-0.1 foot form, -0.3 angle	
Giant fwd.	-	-			
Adler with ½ turn	D	III		-0.1 foot form, -0.1 body position, -0.1 angle	
Giant bwd.	-	-		-0.1 hand adjustment	
Rybalko	D	I		-0.1 posture, -0.1 angle	
Giant fwd.	-	-		-0.3 use of strength, -0.3 arm bend	
Giant fwd. with ½ turn	-	-			
Giant bwd.	-	-		-0.1 hand adjustment	
Quast	C	I		-0.1 posture	
Giant bwd.	-	-			
Double salto bwd. stretched with 1/1 turn	D	IV		-0.1 leg form on tap, hip bend, -0.1 step	

Difficulty	D Panel	E Panel	Final Score
G = 1			
F =			
E = 2	Difficulty = 4.0	E1 = 3.5	
D = 4	Element Groups = 2.0	E2 = 3.8	
C = 2	Connection Bonus = N/A	E3 =	
B =	Presentation = 10.0	E4 =	D Panel + E Panel = 12.35
A = 1	Start Value = 16.0		

D – Panel Comment

COMPETITION: 2021 NGJA Course

EVENT: HORIZONTAL BAR

ROUTINE FIG #4

Skills	Value	Element Group	Connection Bonus	Execution Deductions	Comments
Back uprise to handstand					
Giant fwd.					
Adler with ½ turn	D	III		-0.1 leg form, -0.1 foot form	
Giant bwd.					
Kovacs	D	II			
Kolman	E	II	.2	-0.1 legs on tap, -0.1 amplitude, -0.1 legs on catch	
Giant bwd.					
Cassina	G	II		-0.1 leg separation, -0.1 arms on catch	
Giant bwd.					
Stalder	B	III		-0.1 foot form	
Giant bwd. with ½ turn					
Yamawaki	C	II			
Giant bwd.					
Giant bwd. with ½ turn					
Giant fwd.					
Zou Li Min	C	I			
Giant fwd.					
Adler	C	III		-0.1 foot form, -0.1 leg form, -0.1 angle	
Elgrip giant	B	I			
Giant fwd.					
Giant fwd. with ½ turn					
Giant bwd.					
Double salto bwd. stretched with 1/1 turn	D	IV		-0.1 foot form, -0.1 arm swing	

Difficulty	D Panel	E Panel	Final Score
G = 1			
F =			
E = 1	Difficulty = 3.7	E1 = 1.5	
D = 3	Element Groups = 2.0	E2 = 1.8	
C = 3	Connection Bonus = 0.2	E3 =	
B = 2	Presentation = 10.0	E4 =	D Panel + E Panel = 14.25
A =	Start Value = 15.9		

D – Panel Comments:

E – Panel Comments: E Panel deductions are cumulative of both E1 and E2 Judges

COMPETITION: 2021 NGJA Course

EVENT: HORIZONTAL BAR
ROUTINE FIG #5

Skills	Value	Element Group	Connection Bonus	Execution Deductions	Comments
Yamawaki	C	II		-0.1 body position	
Giant bwd.	A	I		-0.1 hand adjustment	
Tkatchev stretched	D	II		-0.1 foot form, -0.1 body position	
Giant bwd.	-	-			
Tkatchev	C	II		-0.1 leg form on tap, -0.1 leg form on catch	
Lynch	-	-		-0.1 foot form	Repetition
Giant fwd.	-	-			
Zou Li Min	C	I		-0.3 lack of turn	
Giant fwd.	-	-			
Adler	C	III		-0.1 foot form	
Elgrip giant	B	I			
Russian giant	C	I			
Giant fwd.	-	-			
Giant fwd. with ½ turn	-	-			
Giant bwd.	-	-		-0.1 hand adjustment	
Stalder	B	II			
Giant bwd.	-	-			
Double salto bwd. stretched with 2/1 turn	E	IV		-0.1 leg form on tap, -0.1 body position, -0.1 leg form	

Difficulty	D Panel	E Panel	Final Score
G =			
F =			
E = 1	Difficulty = 2.9	E1 = 1.5	
D = 1	Element Groups = 2.0	E2 = 1.6	
C = 5	Connection Bonus = N/A	E3 =	
B = 2	Presentation = 10.0	E4 =	D Panel + E Panel = 13.35
A = 1	Start Value = 14.9		

D – Panel Comments:

E – Panel Comments: E Panel deductions are cumulative of both E1 and E2 Judges

COMPETITION: 2021 NGJA Course
EVENT: HORIZONTAL BAR
ROUTINE NCAA #1

Skills	Value	Element Group	Connection Bonus	Execution Deductions	Comments
Yamawaki	C	II		-0.3 body position, -0.1 Amplitude, -0.1 leg form, -0.1 arm bend	Could possibly be devalued
Endo	B	III		-0.1 Angle	
Giant Fwd					
Zou Li Min	C	I		-0.3 insuf of turn	
Adler with 1/2	D	III		-0.1 legs on entry, -0.3 angle, -0.1 leg form	
Giant Bwd					
Giant swing with one arm	B	I			
Stalder	B	III		-0.1 hand shift	
Giant Bwd with ½ turn				-0.1 angle	
Adler	C	III		-0.1 hand shift, -0.1 knee bend on entry, -0.1 angle	
El-grip Giant Swing	B	I			
Giant Swing Rearways Fwd	C	I		-0.1 foot form	
Giant Fwd with ½ turn				-0.1 angle	
Giant Bwd				-0.1 arm bend	
Double Salto Bwd Stretched with 1/1	D	IV		-0.3 body position, -0.3 lack of prep, -0.1 hop	

Difficulty	D Panel	E Panel	Final Score
G =			
F =			
E =	Difficulty = 2.8	E1 = 2.5	
D = 2	Element Groups = 2.0	E2 = 2.5	
C = 4	Connection Bonus = N/A	E3 =	
B = 4	Presentation = 10.0	E4 =	D Panel + E Panel = 12.3
A =	Start Value = 14.8		

D – Panel Comments:

E – Panel Comments: E Panel deductions are cumulative of both E1 and E2 Judges



COMPETITION: 2021 NGJA Course
EVENT: HORIZONTAL BAR
ROUTINE NCAA #2

Skills	Value	Element Group	Connection Bonus	Execution Deductions	Comments
Yamawaki	C	II		-0.3 Body Position, -0.1 foot form, -0.1 leg form	
Giant Bwd	A	I			
Stalder	B	III			
Giant Bwd with ½ turn	A	I		-0.1 axis	
Giant Fwd	A	I		-0.1 hand shift	
Adler	C	III		-0.1 leg for on entry, -0.1 angle	
El-grip Giant	B	I			
Endo	B	III			
Endo with ½ turn	-	-		-0.1 rhythm, -0.3 angle	Repetition
Giant Swing Bwd with one arm	B	I			
Giant Bwd	-	-		-0.1 knees, -0.1 knees	
Double Salto Bwd Stretched with 1/1	D	IV		-0.1 body position, -0.3 lack of prep, -0.3 hop	

Difficulty	D Panel	E Panel	Final Score
G =			
F =			
E =	Difficulty = 2.1	E1 = 2.0	
D = 1	Element Groups = 2.0	E2 = 2.0	
C = 2	Connection Bonus = N/A	E3 =	
B = 4	Presentation = 10.0	E4 =	D Panel + E Panel = 12.1
A = 3	Start Value = 14.1		

D – Panel Comments:

E – Panel Comments: E Panel deductions are cumulative of both E1 and E2 Judges



COMPETITION: 2021 NGJA Course
EVENT: HORIZONTAL BAR
ROUTINE NCAA #3

Skills	Value	Element Group	Connection Bonus	Execution Deductions	Comments
Uprise Bwd with ½ turn	A	I		-0.1 angle	
Giant Bwd	A	I			
Tkatchev Strad with ½ turn	C	II		-0.1 feet, -0.1 amplitude	
Giant Fwd	A	I			
Adler with ½ turn	D	III		-0.1 feet on entry, -0.1 axis,	
Kovacs	D	II			
Tktachev Straddle	-	-		-0.1 amplitude, -0.1 feet	Repetition
Giant Bwd with ½ turn	-	-			
Adler	C	III		-0.1 feet on entry, -0.1 body position	
El-girp Giant	B	I			
Giant Fwd with ½ turn	-	-			
Stalder	B	III		-0.1 angle	
Double Salto Bwd Stretched with 1/1	D	IV		-0.1 hip bend, -0.1 foot form, -0.1 arm swing	Stick

Difficulty	D Panel	E Panel	Final Score
G =			
F =			
E =	Difficulty = 2.5	E1 = 1.2	
D = 3	Element Groups = 2.0	E2 = 1.3	
C = 2	Connection Bonus = N/A	E3 =	
B = 2	Presentation = 10.0	E4 =	D Panel + E Panel = 13.35
A = 3	Start Value = 14.6		

D – Panel Comments: Stick Bonus

E – Panel Comments: Can't see hand shifts from angle of the video



COMPETITION: 2021 NGJA Course
EVENT: HORIZONTAL BAR
ROUTINE NCAA #4

Skills	Value	Element Group	Connection Bonus	Execution Deductions	Comments
Yamawaki	C	II		-0.1 knees, -0.1 feet, -0.1 body position	
Giant Bwd	A	I		-0.1 use of strength	
Tkatchev Stretched	D	II		-0.1 feet, -0.1 knees, -0.1 body position,	
Tkatchev Straddle	C	II		-0.1 feet in giant, -0.1 feet on Tkatchev, -0.1 knees, -0.1 amplitude	
Giant Bwd with ½ turn	A	I		-0.1 hand shift	
Giant Fwd	A	I			
Weiler	B	III		-0.1 deviation from entry angle	
Adler with ½ turn	D	III		-0.3 knees, -0.1 body position, -0.1 leg form	
Double Salto Bwd Stretched with 1/1	D	IV		-0.1 knees, -0.1 feet	Stick

Difficulty	D Panel	E Panel	Final Score
G =			
F =			
E =	Difficulty = 2.3	E1 = 2.2	
D = 3	Element Groups = 2.0	E2 = 2.0	
C = 2	Connection Bonus = N/A	E3 =	
B = 1	Presentation = 10.0	E4 =	D Panel + E Panel = 12.1
A = 3	Start Value = 14.4		

D – Panel Comments: 9 Elements, Stick Bonus

E – Panel Comments: E Panel deductions are cumulative of both E1 and E2 Judges



COMPETITION: 2021 NGJA Course
EVENT: HORIZONTAL BAR
ROUTINE NCAA #5

Skills	Value	Element Group	Connection Bonus	Execution Deductions	Comments
Voronin	B	II		-0.3 amplitude, -0.1 feet	
Kip Cast to Handstand	A	III			
½ turn	A	I			
Giant Bwd	A	I			
Stalder	B	III		-0.1 feet	
Stalder with ½ turn	-	-		-0.3 angle	Repetition
Giant Fwd	A	I			
Endo	B	III			
Endo with ½ turn	-	-		-0.1 angle, -0.1 hand shift	Repetition
Double Salto Bwd Tucked	B	IV		-0.1 knees prior, -0.1 feet	Stick

Difficulty	D Panel	E Panel	Final Score
G =			
F =			
E =	Difficulty = 1.2	E1 = 1.3	
D =	Element Groups = 1.8	E2 = 1.2	
C =	Connection Bonus = N/A	E3 =	
B = 4	Presentation = 10.0	E4 =	D Panel + E Panel = 11.85
A = 4	Start Value = 13.1		

D – Panel Comments: 8 Elements, Stick Bonus

E – Panel Comments: E Panel deductions are cumulative of both E1 and E2 Judges