



NGJA Judges Report Form  
Event Review

COMPETITION  
2020 Execution Routines Analysis  
2020 NGJA Course Material

EVENT  
**Floor Exercise**

JUDGING PANEL  
Senior NAL – **Brian Meeker**  
NCAA NAL – George Krenk  
JONAL - Tom Kutz



NGJA Judges Report Form  
Routine Analysis

**COMPETITION: 2019 Execution Routines**

**EVENT: Floor Exercise**

**ATHLETE: Athlete 1**

Skills	Value	Element Group	Connection Bonus	Execution Deductions	Comments
Front Double Salto - tucked	D	II	-	0.1, 0.1, 0.1, 0.3 (hop)	Flexed feet, knees apart, small hop
Front Double full - stretched	D	II	-	0.1, 0.3	Prep for landing, medium step
Round-off	-	-	-	-	
Backhandsrping	A	III	-	-	
Back salto - stretched	B	III		0.1, 0.1	Control on landing, slide feet together
Front salto, 3/2 twist - stretched	C	II		0.1, 0.1	Small pike down, small hop
Federechenko	C	I		0.1	Body position
V-sit	B	I			
Round-off	-	-	-	-	
Backhandsrping	-	-	-		Repeated
Back salto stretched. - 5/2 twist	D	IV (III)		0.3, 0.1, 0.1, 0.1	Medium step, feet crossed, 2 small steps

Difficulty	D Panel	E Panel	Final Score
G = 0			
F = 0			
E = 0	Difficulty = 2.3	E1 = 1.7	
D = 3	Element Groups = 2.0	E2 = 1.8	
C = 2	Connection Bonus = 0.0	E3 = 1.8	
B = 2	Presentation = 10.0	E4 =	D Panel + E Panel =
A = 1	Start Value = 14.3		

**D – Panel Comments:** 9 counting skills

**E – Panel Comments:** Very Similar deductions



NGJA Judges Report Form  
Routine Analysis

**COMPETITION: 2019 Execution Routines**

**EVENT: Floor Exercise**

**ATHLETE: Athlete 2**

Skills	Value	Element Group	Connection Bonus	Execution Deductions	Comments
Double Front Salto - Tucked	D	II	-	0.3, 0.1	Medium hop, knees apart
Round-off	-	-	-	-	
Back handspring	A	III	-	-	
Double salto back - 1/1 twist	D	III	-	0.3, 0.3, 0.1	Control on landing, medium hop, leg separation
Round-off	-	-	-	-	
Back layout - 3/2 twist	C	III	-	0.1	Height
Front layout - 1/1 twist	C	II	-	0.1, 0.1, 0.3	height, slight knee bend, medium hop
Split	A	I	-	-	
Manna	C	I	-	0.1	Short of horizontal
V, press to Handstand	C	I	-	0.3	Short hold on V
Round-off	-	-	-	-	
Back handspring	-	-	-	-	Repeated
Back layout	B	III	-	-	-
Round-off	-	-	-	-	
Back handspring	-	-	-	-	-
Back layout - 2/1 twist	C	IV (III)	-	0.1, 0.1, 0.3	height, form, medium hop

Difficulty	D Panel	E Panel	Final Score
G =			
F =			
E =	Difficulty = 2.7	E1 = 2.6	
D = 2	Element Groups = 2.0	E2 = 2.7	
C = 5	Connection Bonus = 0.0	E3 = 2.6	
B = 1	Presentation = 10.0	E4 =	D Panel + E Panel =
A = 2	Start Value = 14.7		

**D – Panel Comments:** For both FIG and NCAA, dismount receives partial credit (0.3) so FIG and NCAA SV=14.5 (Diff=2.7 and EG=1.8)

**E – Panel Comments:** Very Similar deductions



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**COMPETITION: 2019 Execution Routines**

**EVENT: Floor Exercise**

**ATHLETE: Athlete 3**

Skills	Value	Element Group	Connection Bonus	Execution Deductions	Comments
Round-off	-	-	-	-	
Double back - tuck	C	III	-	0.1, 0.3	Knees apart, medium hop
Wide-arm press from stand	B	I	-	0.3, 0.3, 0.1	High, short hold, balance check
Round-off	-	-	-	-	
Back 5/2 - stretched	D	III	-	0.1, 0.1, 1.0	Feet apart, prep for landing, roll-out
Front salto - stretched	B	II	-	0.1, 0.1	height, form
Front salto - tucked	A	II	-	0.1, 0.1, 0.1	height, form, small hop
Front 1/1 - tucked	B	II	-	0.1, 0.1, 0.1	height, leg separation, small hop
Round-off	-	-	-	-	-
Back layout	B	III		0.1, 0.1	height, landing
Round-off	-	-	-	-	
Back salto - tucked	A	IV(III)	-	0.3, 0.1, 0.1, 0.1	height, form, prep for landing, landing. No dismount EG

Difficulty	D Panel	E Panel	Final Score
G =			
F =			
E =	Difficulty = 1.7	E1 = 4.0	
D = 1	Element Groups = 1.5	E2 = 3.4	
C = 1	Connection Bonus = 0.0	E3 = 3.5	
B = 4	Presentation = 10.0	E4 =	D Panel + E Panel =
A = 2	Start Value = 13.2		

**D – Panel Comments:** No dismount EG. 8 counting skills

**E – Panel Comments:** Very Similar deductions, a few less small deductions.



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**EVENT: Floor Exercise**

**ATHLETE: Athlete 4**

Skills	Value	Element Group	Connection Bonus	Execution Deductions	Comments
Double front - tuck	D	II	-	0.1, 0.1, 0.1, 0.3	Knees apart, control on landing, small step, hop
Round-off	-	-	-	-	-
Back 5/2 twist - stretched	D	III	-	0.1	Leg separation
Front 1/2 - pike	A	II	-	0.3, 0.1	Prep for landing, small hop
Front 1/1 - stretched	C	II	-		
Front layout	B	II	-	0.1, 0.1, 0.1, 0.3	form, small hop, height, hop
Round-off	-	-	-	-	
Back 2/1 full	C	III	-	0.1	Small hop
Front 3/2 - stretched	C	II	-	0.1, 0.1, 0.1	Pike down, height, small step
Federechenko	C	I	-	0.1, 0.1	form, body position
Split	A	I	-	0.1	Flexed foot coming into split
Round-off	-	-	-	-	
Back Handspring	A	I	-	-	
Back 3/1 full	D	IV (III)	-	0.1 0.3, 0.1, 1.0	Incomplete twist, prep for landing, form, fall

Difficulty	D Panel	E Panel	Final Score
G =			
F =			
E =	Difficulty = 2.8	E1 = 3.2	
D = 3	Element Groups = 2.0	E2 = 4.4	
C = 4	Connection Bonus = 0.0	E3 = 3.8	
B = 1	Presentation = 10.0	E4 =	D Panel + E Panel =
A = 3	Start Value = 4.8		

**D – Panel Comments:** Neutral deductions - 0.3 for both feet out. 0.1 for over 70 seconds

**E – Panel Comments:** I had mediums on the mount for cowboy and prep for landing. Also, mediums for piking down on the double twist and front ½



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**ATHLETE: Athlete 5**

Skills	Value	Element Group	Connection Bonus	Execution Deductions	Comments
Round-off	-	-	-	-	
Back Handspring	A	III	-	-	
Arabian Double front	D	III	-	0.3, 0.1	Knees apart, small hop
Round-off	-	-	-	-	
Back 5/2 twist	D	III	-	0.1,	Form
Front salto - tuck	A	II	-	0.3, 0.1, 0.1	Medium hop, form, prep for landing
Round-off	-	-	-	-	
Back 2/1 twist	C	III	-	0.1	Arm swing
Federochenko	C	I	-		
Split	A	I	-	-	
Press to HS from split	B	I	-	-	
Run-off	-	-	-	-	
Back 1/1 twist - stretched	B	III	-	-	
Front 1/1 - tuck	B	II	-	0.1, 0.1	Leg separation, height
Front 3/2 - stretched	C	II	-	0.3, 0.1	Medium hop, pike down
Round-off	-	-	-	-	-
Back 3/1 full	D	IV (III)	-	0.1, 0.1, 0.1	form, landing, prep for landing

Difficulty	D Panel	E Panel	Final Score
G =			
F =			
E =	Difficulty = 2.8	E1 = 2.0	
D = 3	Element Groups = 2.0	E2 = 2.5	
C = 3	Connection Bonus = 0.0	E3 = 2.3	
B = 3	Presentation = 10.0	E4 =	D Panel + E Panel =
A = 1	Start Value = 14.8		

**D – Panel Comments:**

**E – Panel Comments:** I had two mediums on the front tuck. Lack of prep for landing and step. I agree with the 2 mediums on the front tuck.



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**ATHLETE: Athlete 6**

Skills	Value	Element Group	Connection Bonus	Execution Deductions	Comments
Round-Off	-	-	-	-	
Back Handspring	A	III	-	-	
Back 3/1 Twist	D	III	-	0.3	
Round-off	-	-	-	-	
Back Handspring	A	III	-	-	
Double Back - tuck	C	III	-	0.1, 0.1, 0.1	Flexed feet, knees apart, small hop
Front 2/1 twist - stretched	D	II	-	0.1, 0.1, 0.1	Height, form, small hop
Split	A	I	-	-	
Press HS from Split	B	I	-	0.3	Short hold
V	B	I	-	0.1, 0.3	Short hold, balance check
Round-Off	-	-	-	-	
Back 2/1 twist - stretched	C	III	-	0.1, 0.1	
Round-Off	-	-	-	-	
Back 2/1 twist - stretched	C	III	-	0.1	Height
Front 1/1 twist - stretched	C	II	-	0.1, 0.1	Height, small hop
Round-Off	-	-	-	-	
Back Handspring	A	III	-	-	
Back 5/2 twist - stretched	D	IV (III)	-	0.1, 0.1	Small step, feet

Difficulty	D Panel	E Panel	Final Score
G =			
F =			
E =	Difficulty = 4.9	E1 = 2.3	
D = 3	Element Groups = 2.0	E2 = 1.9	
C = 4	Connection Bonus = 0.0	E3 = 2.0	
B = 2	Presentation = 10.0	E4 =	D Panel + E Panel =
A = 1	Start Value = 14.9		

**D – Panel Comments:** Counted the Split for an A in Group I since there are too many Group III

**E – Panel Comments:** I did not have short hold on V



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**ATHLETE: Athlete 7**

Skills	Value	Element Group	Connection Bonus	Execution Deductions	Comments
Round-off	-	-	-	-	
Back Handspring	A	III	-	-	
Double Double - tuck	E	III	-	0.3, 0.1, 0.1	Medium hop, small hop, form
Front Double Pike	E	II	-	0.1, 0.1, 0.1	Legs apart, low landing, medium hop
Front Double Full	D	II	-	-	
Front 1/2 - tucked	A	II	-	0.1, 0.1	form, small hop, incomplete twist
Round-off	-	-	-	-	
Back Handspring	A	III	-	-	
Double back 1/1 twist - tucked	D	III	-	0.3, 0.5, 0.3	Medium step, hand hitting floor, prep for landing
Round-off	-	-	-	-	
Back Handspring	A	III	-	-	
Back 5/2 twist - stretched	D	III	-	-	
Front 1/2 - stretched	B	II	0.1	0.1, 0.1, 0.1	Slight pike, knee bend, small hop
Split	A	I	-	-	
Wide-arm press from Split	C	I	-	0.3, 0.1	pause in press, High
Pike Press from stand	B	I	-	0.1	Pause
Round-off	-	-	-	-	
Back 3/1 twist	D	IV (III)	-	0.1, 0.1	Incomplete twist, small hop
Difficulty	D Panel		E Panel		Final Score
G =					
F =					
E = 2	Difficulty = 3.4		E1 = 3.1		
D = 4	Element Groups = 2.0		E2 = 2.8		
C = 1	Connection Bonus = 0.1		E3 = 2.8		
B = 2	Presentation = 10.0		E4 =		D Panel + E Panel =
A = 1	Start Value = 15.5				

**D – Panel Comments:** Borderline front 1/2 stretched for bonus

**E – Panel Comments:** could consider a fall and take away the medium step. **I had very similar deductions.**





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**ATHLETE: Athlete 8**

Skills	Value	Element Group	Connection Bonus	Execution Deductions	Comments
Round-off	-	-	-	-	
Double back 1/1 twist - tuck	D	III	-	0.3, 0.3, 0.1	Form, medium hop, prep
Round-off	-	-	-	-	
Back 5/2 twist - stretched	D	III	-		
Front 1/2 stretched	B	II	0.1	0.3	Medium hop
Front 1/1 stretched	C	II	-	-	
Front salto - stretched	B	II	-	0.3	Height
Round-off	-	-	-	-	
Back 2/1 twist - stretched	C	III	-	0.1, 0.1	Small hop, control on landing
Federochenko	C	I	-	-	
Split	A	I	-	-	
Manna	C	I	-	-	
Round-off	-	-	-	-	
Back 3/1 twist	D	IV (III)	-	0.1, 0.1	Small hop

Difficulty	D Panel	E Panel	Final Score
G =			
F =			
E =	Difficulty = 2.9	E1 = 1.7	
D = 3	Element Groups = 2.0	E2 = 1.4	
C = 4	Connection Bonus = 0.1	E3 = 1.6	
B = 2	Presentation = 10.0	E4 =	D Panel + E Panel =
A = 1	Start Value = 15.0		

**D – Panel Comments:**

**E – Panel Comments: Very similar deductions.**



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**EVENT: Floor Exercise**

**ATHLETE: Athlete 9**

Skills	Value	Element Group	Connection Bonus	Execution Deductions	Comments
Front 5/2 twist	E	II	-	0.1, 0.1	Incomplete twist, small hop
Double front - pike	E	II	-	0.1	Low landing
Double front 1/2 - tuck	E	II	-	0.3, 0.3, 0.1	Knees apart, low landing, small hop
Round-off	-	-	-	-	-
Back 5/2 stretched	D	III	-	-	
Front 1/1 stretched	C	II	0.1		
Round-off	-	-	-	-	
Back 3/2 stretched	C	III	-	-	
Front tuck	A	II	-	0.3, 0.3, 0.3, 0.1	form, height, medium step, prep
Russian 720	B	I	-	0.1, 0.1	Form/position
Round-off	-	-	-	-	
Back 2/1 twist	C	III	-	-	
Round-off	-	-	-	-	
<del>Back Handspring</del>	A	III	-	-	
Back 3/1 twist	D	IV (III)	-	0.1, 0.1	Small hops

Difficulty	D Panel	E Panel	Final Score
G =			
F =			
E = 3	Difficulty = 3.5	E1 = 2.2	
D = 2	Element Groups = 2.0	E2 = 2.6	
C = 3	Connection Bonus = 0.1	E3 = 2.2	
B = 1	Presentation = 10.0	E4 =	D Panel + E Panel =
A =	Start Value = 5.6		

**D – Panel Comments:** 2 Russians. Start counting at front support

**E – Panel Comments:** **Very similar deductions. I had three smalls on the triple Russian**



NGJA Judges Report Form  
Routine Analysis

**COMPETITION: 2019 Execution Routines**

**EVENT: Floor Exercise**

**ATHLETE: Athlete 10**

Skills	Value	Element Group	Connection Bonus	Execution Deductions	Comments
Front Handspring	A	II	-	-	
Double Front - Pike	E	II	-	-	
Round-Off	-	-	-	-	
Back Handspring	A	III	-	-	
Double Double - Tuck	E	III	-	0.3, 0.1	Low landing, arm swing
Round-Off	-	-	-	-	
Back 3/2 - stretched	C	III	-	-	
Front 2/1 twist - stretched	D	II	0.1	0.1, 0.1	Low landing, control
Front 3/2 - stretched	C	II	-	-	
Endo - pike to HS	C	I	-	0.1, 0.1	pause, arm flex
Endo to HS	B	I	-	0.3	Short hold
Round-Off	-	-	-	-	
Back 5/2 stretched	D	III	-	-	
Front 1/1 stretched	C	II	0.1	0.1	Small hop
Round-off	-	-	-	-	
Back 3/1 twist	D	IV (III)	-	0.1, 0.1, 0.1	Low landing, arm swing, feet in air

Difficulty	D Panel	E Panel	Final Score
G =			
F =			
E = 2	Difficulty = 3.6	E1 = 1.5	
D = 3	Element Groups = 2.0	E2 = 1.6	
C = 4	Connection Bonus = 0.2	E3 = 1.5	
B = 1	Presentation = 10.0	E4 =	D Panel + E Panel =
A =	Start Value = 15.8		

**D – Panel Comments: +0.1 for stuck dismount (NCAA), SV=15.9**

**E – Panel Comments: Very similar deductions**